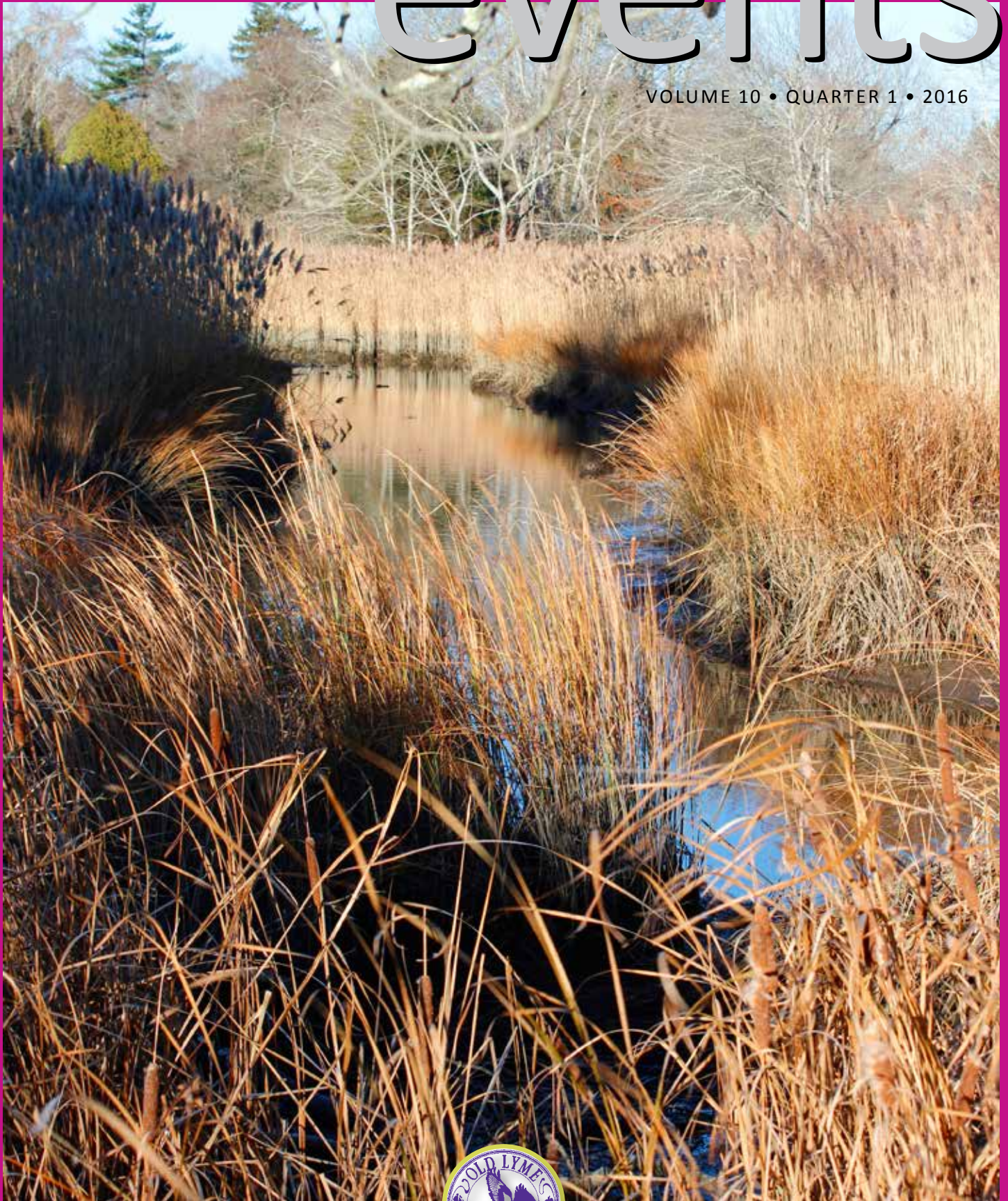


Old Lyme **events**

VOLUME 10 • QUARTER 1 • 2016



DELIVERING TOWN NEWS



TO EVERYONE IN TOWN

TOGETHER.

MAKING THE SMARTER CHOICE FOR CARE EVEN SMARTER.

Middlesex Hospital Is CT's First Mayo Clinic Care Network Member

At Middlesex Hospital, we're excited to join the prestigious Mayo Clinic Care Network, an innovative health care network that connects our experts to the world's top specialists at Mayo Clinic. Now, we can work together like never before—collaborating on your behalf, sharing the latest lifesaving research and joining forces to resolve the most complex cases. So you get the peace of mind that comes with knowing the most advanced medical knowledge in the world is available right here in Middletown, Connecticut. It's all part of your experience at Middlesex Hospital—*The Smarter Choice for Care.*

middlesexhospital.org/mayo



First Selectwoman's Corner

As I write this update, we have had a relatively mild winter of 2016, when compared to the last several years. I am sure we can all agree we deserve an easy time this year! Let's hope this trend continues through the remaining winter season!

On January 25th, the **Annual Town Meeting** was held at the Middle School Auditorium. Attendance was impressive and they voted in favor of a.) **accepting the Annual Town Report** for the fiscal year July 2014 to June, 2015 (special thanks to Michele Dickey for her hard work on this report); b.) **accepting Blackwell Lane Extension as a Town road**; c.) **adopting a resolution endorsing the Inter-Town Capital Equipment (ICE) grant application** for the creation of a multi-site UHF simulcast system for the towns served by Valley Shore Dispatch; d.) approving the use of the **Commercial Property Assessed Clean Energy program (C-PACE)** to facilitate financing for clean energy improvements to commercial properties with the Town. In addition, we were pleased to accept a gift from George M. Yeager of NYC of a **Wilson Henry Irvine** oil painting on canvas entitled "**Family Gathering For Tea.**" This painting will hang proudly in our Memorial Town Hall. Finally, the big event of the meeting was the announcement of the Board of Selectmen's **2015 Citizen of the Year, Mary Seidner**, who is the Executive Director of Lymes' Youth Services Bureau. The proclamation included the many wonderful organizations that

Mary has volunteered on, such as the Lyme-Old Lyme Schools, Girl Scouts, MacCurdy Salisbury Educational Foundation, Essex Savings Bank, the Community Foundation and Friends of PGN Library. Mary's efforts have been instrumental in the formation of CASFY (Community Action for Substance Free Youth), the Youth/Police Grant Program, and the establishment of the Juvenile Review Board in Old Lyme. Mary Seidner also works closely with our Social Services Dept. and Senior Center to distribute holiday baskets and gifts to individuals in need during the holidays. We are so proud to have Mary Seidner named our 2015 Citizen of the Year. Congratulations, and Thank You, Mary!



First Selectwoman
Bonnie Reemsnyder

The Federal Railroad Administration has spent millions of dollars to look at the Northeast Corridor Rail system, and develop draft plans for improvements and increased high-speed rail from Washington, DC to Boston, MA. There are three alternatives proposed that include new tracks. **NEC Futures Draft Plan, Alternative 1** has a track coming across the CT River and through Old Lyme. This has certainly caused concern to many people as

Continued on page 3

Buttery Soft Leather

Let us show you what quality Leather feels like



Top Grain Leather • No Bonded Leather • No Split Hides
SOFAS • CHAIRS • SECTIONALS • RECLINERS • SLEEPERS

Creating beautiful
interiors
for 38 years.



Main St., Old Saybrook
860.388.0891

saybrookcountrybarn.com

events

TM Ventures, LLC dba Essex Printing & Events Magazines

18 Industrial Park Road, P.O.Box 205
Centerbrook, CT 06409

860-767-9087 Fax 860-767-0259
email: print@essexprinting.com
www.essexprinting.com

PUBLISHER

William E. McMinn

DIRECTOR OF ADVERTISING/OPERATIONS

Suzanne Spire 860-391-5534
suzanne@essexprinting.com

ART DIRECTOR / ARTICLE COORDINATOR

Kathy Alsop 860-391-4372
kathy@eventsmagazines.com

COVER EDITOR

AC Proctor 860-767-9087

SALES REPRESENTATIVES

VERNON • TOLLAND

Tom Fortin 860-299-4568
tom@eventsmagazines.com

ESSEX • WESTBROOK • CLINTON • MADISON

Ward Feirer 914-806-5500
wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME

Betty Martelle 860-333-7117
betty@eventsmagazines.com

MONTVILLE • NEW LONDON • STONINGTON

Chris Angeli
c 860-391-5725
cangeli@eventsmagazines.com

BRANFORD • GUILFORD • WOODBRIDGE

Nancy Lee Salk
c 203-219-3282
nancy@eventsmagazines.com

EAST HADDAM • HADDAM • CHESTER

Office 860-767-9087

MAGAZINE LAYOUT

Amy Bransfield / Liz Pester

Cover Photo: AC Proctor

www.eventsmagazines.com

1.2 MILLION READERS
18 TOWNS EVERY QUARTER

Copyright © 2013 Events Magazines. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission. Not responsible for omissions or typographical errors. All advertising material created by Essex Printing and Events Magazines is to be considered proprietary. Essex Printing and Events Magazines reserves the rights and license to all ad designs and photographic images produced by Essex Printing and Events Magazines. Reproduction rights for individual use in other publications is offered and available by purchase directly through Essex Printing and Events Magazines. Editorial appearing in this magazine is submitted by municipal agencies and other approved sources.

Contents

First Selectwoman's Corner	1
Fourth Annual Trivia Bee	2
It's a Great Time of Year for a Hike	8
Duck River Garden Club	10
Citizen of the Year	12
Old Lyme Historical Society	13
Assessors Office	14
Old Lyme Country Club Celebrates Its 100 Year Anniversary	14
"Night in Havana" Planned for OL-PGN Bookworm Ball	15
Lymes' Senior Center	16
East Lyme Psychological Association	17
Child & Family Agency Collecting Donations for Annual Sale	20
Beach Sticker Information	21
Lyme-Old Lyme High School Hosts Prospective Student Day on March 4	21
Lymes' Youth Service Bureau	22
Academy College of Fine Arts	24
Lymes' Senior Center Summer Concert Series & Ice Cream Socials	25
The Lyme Tree, a Woman's Exchange of Old Lyme	25
Old Lyme Phoebe Griffin Noyes Library	26
Emergency Preparedness	28
The Size-Up	29
Lyme-Old Lyme Chamber of Commerce	30
Save the Dates for the 80th Annual White Elephant Sale!	31
Vitals	32
Lymes' Senior Center Trips	34
Harbor Management Commission: Dredging Update	34
New Buses Arrive for Transit District	35
The Old Lyme-Lyme Volunteer Connection	35
News From The Registrars of Voters	35
Rogers Lake Authority News	36
Ruth Ann Heller Music Foundation	36
River Valley Council of Governments	37
Trash and Recycling	37
Open Space Commission	38
Town Clerk's Office	38
Open Space Map	39
Musical Masterworks	40
Smarter Appointments Now Available at Shoreline Medical Center	40
Florence Griswold Museum	41
Friends Of Music	42
30th Anniversary of Midsummer Festival Share Your Memories with Us	43
High Hopes Happenings	44
Paint "The Starry Night"	45
Lyme Art Association	45
Old Lyme Town Band	45
Studio 80 + Sculpture Grounds	46
Spring Into Oregon Wines	47

Fourth Annual Trivia Bee

Lyme-Old Lyme Education Foundation
announces its Fourth Annual Trivia Bee.

Friday, April 1, 7:00 pm

Lyme-Old Lyme Middle School
Auditorium. Free admission.

Please join us for a fun evening! Teams from your favorite local businesses, schools, and organizations will compete for the coveted Bee "Honey Pot" trophy and bragging rights. Enter your own team of four trivia buffs! The entry fee is \$200 per team. Teams are encouraged to choose a creative name and dress in costume. Or, come out to cheer them on and help support the Lyme-Old Lyme Education Foundation!

Questions from such categories as science, sports, history, popular culture, current events, geography, and local history will engage participants and audience members alike.

The event is free and open to the public. Refreshments will be available, along with 50/50 and tech raffles. Proceeds raised will support the Educations Foundation's education initiatives throughout Lyme and Old Lyme. Visit our website: LOLEF.ORG for more information and to register.

Streetlights

Reporting Streetlight Problems: Please phone Michele Hayes in the Selectman's Office at the Town Hall (860-434-1605, ext. 212) to report a streetlight outage or streetlight issues that you may notice. When reporting a streetlight, please make note of the pole location and pole number. Thank you!

Town Offices

52 Lyme St, Old Lyme, CT 06371

Ph: 860-434-1605

Fax: 860-434-1400

Town Hall Hours:

Monday - Friday: 9:00 - 4:00

SELECTWOMAN'S CORNER...continued from page 1

it will travel through the heart of our community. Any project of this nature is obligated to submit an Environmental Impact Statement, followed by hearings and a comment period. Rest assured that the Town of Old Lyme submitted a statement opposing Alternative 1 due to the anticipated devastating effect on this community. In addition, several organizations that would be deeply impacted by this Alternative worked together to pen a letter to be signed by all as one loud voice on behalf of Old Lyme. The comment period ended on February 15, 2015, but it is prudent for us to follow this closely as plans continue. All updates on this issue will be posted on the Town of Old Lyme website (www.oldlyme-ct.gov)

New England Environmental has submitted an **application to the CT DEEP for a permit for herbicide treatment of invasive weeds in Rogers Lake**. The application, which may take several weeks to process, has also been copied to the Towns of Lyme and Old Lyme for review by Boards and Commissions that are obligated to do so. If the permit is issued, the Towns hope to treat 39 targeted acres of the lake in June, which would include the boat launch area, shallow areas around the center island that are highly traveled by boat traffic, and other high use areas. The weeds in Rogers Lake have gotten so thick that they have had a huge negative impact on the recreational and economic aspect of the lake. The plan includes ongoing water monitoring

tests throughout the season, and depending upon the permit, may have other requirements. Look for updates on the Town of Old Lyme website. (www.oldlyme-ct.gov)

The Rte 156 Bike Path and Sound View Improvements committee is making some great progress on the project. DOT officials have been reviewing the Final Design, and the committee anticipates few changes to the design before we go out to bid. There will be a Public Information Presentation to share the Final Design with residents, which is currently scheduled for April 25. The presentation must be done in a timely manner to keep things on schedule, but we are holding it late enough to encourage our summer residents to attend. Construction is planned to start after Labor Day, so the committee is working feverishly to get everything accomplished. While we would love to have this project completed before the summer of 2016, we realize the risks of construction impacting us after Memorial Day are too great. The official posting of the Public Information Presentation will come out soon, and will also be on the Town website.

On January 25, 2016, following the Annual Town Meeting, the **Boathouse/Hains Park Improvements Committee** presented the new plans for the boathouse at Hains Park. The plan is a one story storage facility with a small amount of "flex space" and two changing rooms. This new design utilizes the existing footings

Continued on page 5



OUR CENTENNIAL YEAR

The Old Lyme Country Club is celebrating 100 years of sport, family & friendship! Special membership opportunities will be available throughout 2016 which will allow full use of all our amenities: golf, tennis, pool, paddle tennis, fine dining and much more.

JOIN OUR CELEBRATION

Visit our website or call 860-434-1639 ext 2 or email admissions@oldlymecc.com.





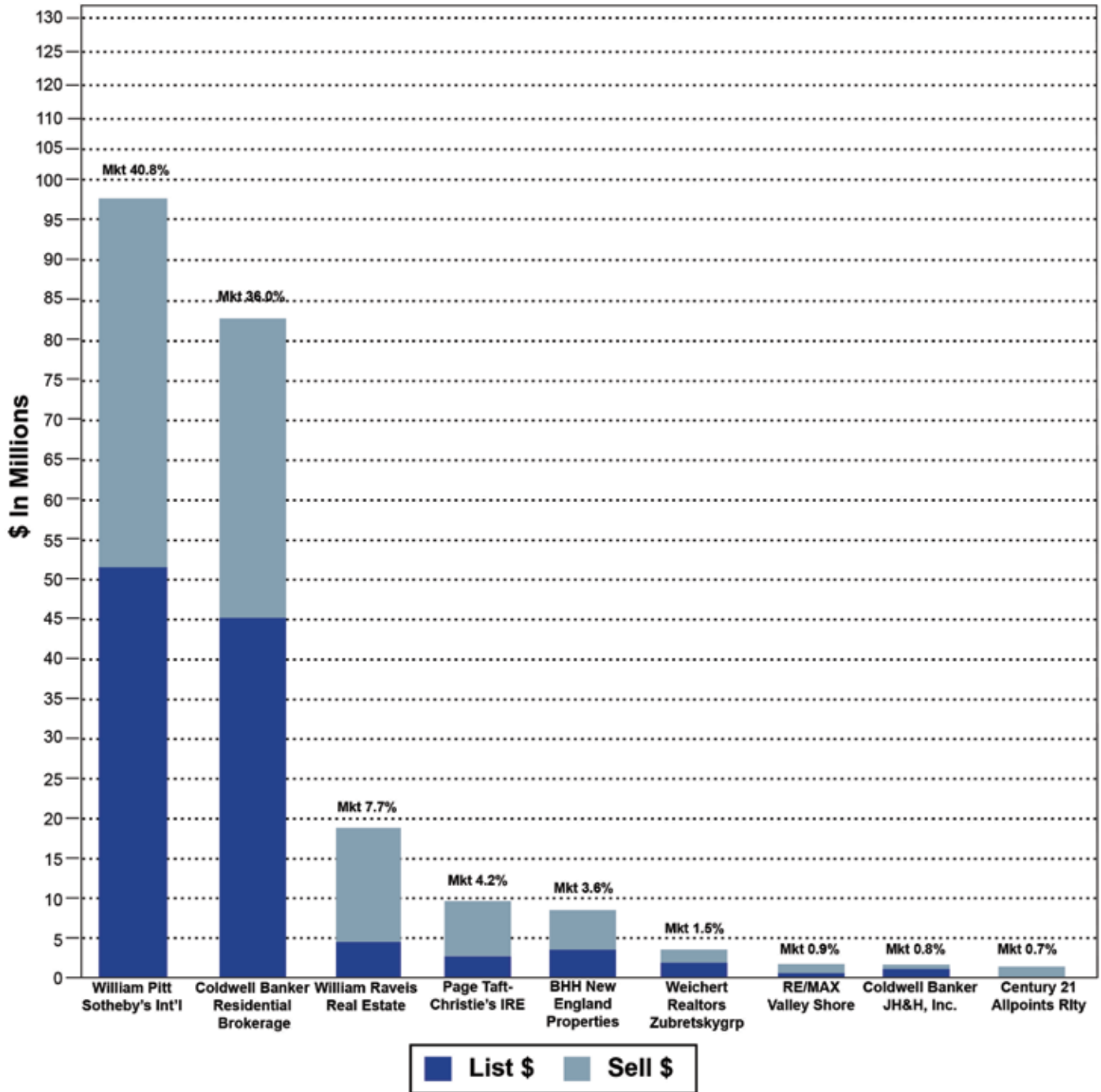
William Pitt

Sotheby's
INTERNATIONAL REALTY

williampitt.com

6 Continents. 60 Countries. 760 Global Locations.

*Thank you for making 2015 such a great success.
We look forward to providing extraordinary service in the New Year.*



Listed and Sold Single Family Homes \$500,000+ in Old Lyme, Old Saybrook, Essex and Lyme 1/1/15-12/31/15*

*According to Broker Metrics Terradatum Stats

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated

SELECTWOMAN'S CORNER...continued from page 3

and slab, accommodates three 22' bays for boat storage, and has been closely reviewed to minimize cost and maximize program needs. Normally, this building would require bathrooms, but with the help of our **Building Official, John Flower**, the State Building Official approved a waiver since there are bathrooms available within 150' of the building. This will hopefully allow for some substantial **upgrades to the bathroom facility, including ADA accessibility**, safety enhancements and possibly insulation/heating to allow for year round use. There will also be a new basketball court (we all know the condition of the one currently there!), and an improved driveway to the boathouse. The BHPIC continues to meet with various boards and commissions for approvals and consensus. Construction will start as soon as reasonably feasible once all approvals are secured.

The WPCA continues to work on complying with the Administrative Order from the CT DEEP, which requires us to submit an Environmental Impact Evaluation (EIE) for the Coastal Wastewater Management Plan submitted in Dec. of 2014. Since there may be changes to that plan, it is likely that an amended plan will be submitted, which will address the plans for Sound View and Hawks Nest, followed by an EIE. Many residents have commented both for and against

sewers in these areas, and the WPCA has been listening. They have given assurance that they will proceed carefully on this effort. In addition, the recommendation from an attorney reviewing the issue has been to form a 3-member task force with one representative each from the WPCA, the Board of Finance and the Board of Selectmen, which has yet to be formed.

The **dredging of the Four Mile and Black Hall Rivers** has progressed remarkably well. In fact, the Four Mile River is completed, and the barges have moved on to the Black Hall River. Patriot Marine, the contractor in charge of the dredging, has been efficient and accurate in their progress, and by the time this reaches your desk, the project may be complete. **Special thanks once again to the Harbor Management Commission for their oversight, in particular to Steve Ross, Chair, and Ned Farman, Co-chair, for their diligent oversight.**

The **Halls Road Improvements Committee**, which is still in its infancy, has already made some great progress on ideas for moving forward. At one of their early meetings, one member arranged for a presentation from a firm that regularly works with New England towns on streetscapes and improvements. The presentation served to provide more excitement and ideas, and the Chairman of the Committee, Bennett "BJ" Bernblum, has presented at a Business Breakfast on their progress and schedule. While everyone realizes

Continued on page 6

Time Tested & Weather Resistant



Visit Our **PATIO & OUTDOOR FURNITURE SHOWROOM!**



KLOTER FARMS

KloterFarms.com • 860-871-1048 • 216 West Rd, Ellington, CT
FREE DELIVERY in CT, MA, RI \$1500 min. Extra charge for Cape Cod.

Earth Care
of Old Lyme
"where vision becomes reality"

Property Maintenance Management and Care Taking Services

MAINTENANCE SERVICES	MANAGEMENT SERVICES
<ul style="list-style-type: none"> • Year Round Landscape & Lawn Care • Dethatching, Core Aeration, & Seeding • Stone Driveways, Edging, & Aprons • Cobblestone, Bluestone, Paver Projects • Drainage Problems Addressed • Stone Wall Restoration & Construction • Retaining Walls & Seawalls • Small Paving Repairs 	<ul style="list-style-type: none"> • Complete 24/7 Property Monitoring & Inspection • Coordinating Deliveries & Postal Needs • Scheduling & Monitoring Tradesmen • Storm Preparation & Clean Up • Evaluating & Scheduling Emergency Repairs • Complete Snow Removal Service • References & Bonding Available

Tired of Unreliable People? Call

David K. Flagge
Shore Road, Old Lyme, CT
Fully Insured - Lic. #578608
Phone & Fax: 860-434-0558

SELECTWOMAN'S CORNER...continued from page 5

this is a long term goal, they are excited to be starting this in the hopes of effective improvements to our commercial district, which is the gateway to our Historic District.

Special thanks going out to the **LOL Junior Women's Club** for their fundraising efforts and hard work to bring new equipment to the Playground at Town Woods Park. This group of individuals, many of whom are moms to small children who use the playground, saw the need for safer and more age-appropriate equipment, so started an initiative called **"Love Your Playground."** Through selling snacks during athletic events at the Park, and other events, they raised enough money to install several new pieces at the Park. They are due to be

What is 2-1-1? It is Connecticut's free information and referral service. By dialing 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year. TDD access is available.

installed this spring, so be sure to check it out, particularly if you have young children who would enjoy the outdoors! Thank you to those who worked so hard on this on behalf of the children in our community.

Congratulations Braiden Sunshine on The VOICE! If you haven't already heard, Braiden was on the voice and made it all the way to the semi-finals. The entire community was glued to their TV's on Monday and Tuesday nights while we watched his excellent performances and progress. Flags flew, Facebook was abuzz, and we all learned how The VOICE works! Braiden Sunshine – you made us proud and we are looking forward to following your rise to stardom. Upon his return, the Board of Selectmen proclaimed **December 18, 2015, Braiden Sunshine Day in Old Lyme.**

Don't forget to subscribe to the Town of Old Lyme website and you will receive all the important information you need by signing up for News and Announcements. Also, be sure that you are signed up for our **Old Lyme Alerts** while you are there, to receive calls, texts or emails when there is an emergency.

On behalf of the entire Board of Selectmen, I wish you a Happy Spring 2016. Enjoy the good weather to come!

Bonnie A. Reemsnyder, First Selectwoman

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE! • SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

SPRING AHEAD!
COME IN & COMPARE
OUR SELECTION AND PRICES

SEASIDE WINE & SPIRITS

118 Main Street - Old Saybrook

860.388.3015

Shoreline's Best

Visit our
other location
Spirits of Madison
Super Stop & Shop Plaza



SERVICE - SELECTION - EVERYDAY LOW PRICES - CONVENIENCE
EASY PARKING - WEDDING & PARTY SOLUTIONS - SMILES



William Pitt

Sotheby's
INTERNATIONAL REALTY

2015 - A Record Breaking Year of \$45,996,500* in Sales *Exceptional Marketing Leads to Extraordinary Results*



LISTED & SOLD

15 Smiths Neck Road, Old Lyme
Offered at \$3,850,000



SOLD

8 Saltus Street, Old Saybrook
Offered at \$3,650,000



SOLD

34 Hatchetts Point, Old Lyme
Offered at \$2,595,000



SOLD

39 Smiths Neck Road, Old Lyme
Offered at \$1,925,000



SOLD

14 Red Bird Trail, Old Saybrook
Offered at \$1,850,000



LISTED & SOLD

56 Captains Drive, Westbrook
Offered at \$1,825,000



LISTED & SOLD

60-1 Neck Road, Old Lyme
Offered at \$1,825,000



SOLD

128 River Road, Essex
Offered at \$1,795,000



SOLD

15 Old Stone Post Road, Lyme
Offered at \$1,685,000



SOLD

7 McCurdy Road, Old Lyme
Offered at \$1,625,000



SOLD

219 Old Salt Works Road, Westbrook
Offered at \$1,595,000



SOLD/BUYER REP

44 Ferry Road, Lyme
Offered at \$1,295,000

Experience The Value of Partnership

2015 Sales YTD \$45,996,500*
Consistent #1 Team Companywide
#1 Dollar Volume Closed YTD 1/1/15-12/31/15
in all of Middlesex and New London Counties



JENNIFER & JANE ASSOCIATES

Jennifer Caulfield 860.388.7710

Jane Pfeffer 860.227.6634

jenniferandjane@wpsir.com

Licensed in CT and RI

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488 | OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated. Equal Housing Opportunity.

*According to Broker Metrics Terradata Stats YTD.

It's a Great Time of Year for a Hike

Can You Locate one of Old Lyme's Notable Trees, the Barbizon Oak?

The Old Lyme Conservation Commission proudly takes note of Old Lyme's Barbizon Oak, one of Connecticut's Notable Trees.

Located behind the Old Lyme Inn in an opening in the forest between two ridges, a giant white oak tree soars over seventy feet into the air. Sixteen and a half feet in circumference, the oak's limbs spread almost one hundred feet to shade nearly a half acre of the forest floor. The tree is in Old Lyme's Champlain Farm Open Space on the north side of Route I 95. For an easy walk to the tree, enter Wyckford Lane next to the Old Lyme Inn and park at the end of the road. Walk along the road into the woods a short distance past an open field to a little knoll where you can appreciate the majestic nature of the tree.

It is listed as number 225405 in *Connecticut's Notable Trees*, published by Glenn Dreyer of the Connecticut College Arboretum. The book is available for loan

through the Connecticut library system. Take a look at the pictures of other giant trees of Connecticut online at <http://oak.conncoll.edu:8080/notabletrees/>.

To plan a hike, download maps at these locations:

Old Lyme Land Trust website http://oldlymelandtrust.org/03_properties.html

Old Lyme Open Space website: http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/hiking

Find an overview of the town's hiking trails at (http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/OL%20Hiking%20Trails%20Map6-2015.pdf)

Maps are also available at trailheads.

These trees have witnessed a lot of local history. Why not plan a hike this month to discover the Notable Trees of Old Lyme and imagine life when these trees were young?



The Barbizon Oak in Old Lyme is listed as one of Connecticut's Notable Trees, and can be seen after a short walk from Wyckford Lane near the Old Lyme Inn. It's a great season for a hike.

"We are Making a Difference at The Saybrook at Haddam!"

Excellence in Memory Care

Since opening Safe Harbor, our Memory Care Neighborhood, we have carefully developed a dedicated team of memory care professionals—including a social worker, registered nurses, certified nurses aides and recreational therapists.

Our Safe Harbor team works every day to create a culture of kindness that helps residents thrive, so they can experience the best quality of life possible.

Our Residents' Care Includes:

- Specialized assisted living for those with Alzheimer's or dementia
- Stimulating and therapeutic programs that promote self-worth, dignity and independence
- Ongoing communication and support for family members
- Personalized care and medication management 24 hrs/day
- Fresh air and sunshine in our secure "Walking Garden"



The Safe Harbor Memory Care team includes (left to right): Shannon Bengston, LPN; Brooke Conley, LCSW, staff social worker; Mary Goldsmith, RN, director of wellness; Ann Bertini, director of recreation for Safe Harbor; Meredith Inkel, personal care assistant.

Call (860) 345-3779 today for a tour!



A Memory Care Neighborhood
1556 Saybrook Road, Haddam, CT 06438
www.thesaybrookathaddam.com

COLDWELL BANKER

RESIDENTIAL BROKERAGE

SOLD



29 Pettipaug Ave. Fenwick
Offered for \$4,950,000

SOLD



32 Dennison Road, Essex
Offered for \$675,000

SOLD



31 Saunders Dr, E. Lyme
Offered for \$569,000

SOLD



77 Joshua Lane, Lyme
Offered for \$2,299,000

SOLD



410 Hamburg Road, Lyme
Offered for \$895,000

SOLD



22-2 Selden Road, Lyme
Offered for \$1,795,000

SOLD



79 Cove Road, Lyme
Offered for \$2,195,000
co-listed w/ Judy Schaaf

SOLD



30 Whippoorwill, Old Lyme
Offered for \$329,000

SOLD



24 Old Hamburg Rd, Lyme
Offered for \$325,000
co-listed w/Laurie Walker

SOLD



32 Lyme Street, Old Lyme
Offered for \$399,000
co-listed w/ Kat Luby

SOLD



47 Smith Neck, Old Lyme
Offered for \$1,995,000
co-listed w/ Judy Schaaf

SOLD



22 Old Salt Works, Westbrook
Offered for \$1,595,000
co-listed w/Maddy Mattson

**Assured results through
Knowledge, Accountability
and Confidentiality.**

Joe Rhodes III
Ranked among the Top 6% Nationally
International Presidents Circle
(c) 860-227-0921
www.joseph-rhodes.com



Old Lyme Office | PO Box 509/86 Halls Road | Old Lyme, CT 06371 | 860.434.8600

ColdwellBankerHomes.com

© 2015 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.



Duck River Garden Club

The Duck River Garden Club is encouraging Old Lyme businesses to “think Spring” once again this winter and join us in designing and planting your own “Welcome Garden”. This Old Lyme Garden Beautification Program is similar to many in surrounding towns. Last year, five businesses joined in to make our efforts on Lyme Street look even more beautiful and welcoming. Photos of the gardens were on display at Phoebe Griffin Library last summer.



This program is designed to foster civic beautification and to recognize businesses that make a special effort to use plants and flowers for the pleasure of local residents and visitors to our community.

Duck River Garden Club will provide each participant with an identifying marker to indicate their support of this program. Photos will be taken in early July. These gardens will receive special recognition in our publications.

If you are interested in creating a “Welcome Garden” as part of this new and exciting Old Lyme beautification program, please contact us at www.oldlymeduckrivergc.org or send the name of your business, your name, phone number and email to: Duck River Garden Club, PO Box 4116, Old Lyme, CT 06371.

Duck River Garden Club meets at 7:00 pm on the second Monday of each



month at the Lymes Senior Center, Town Woods Road, Old Lyme. There is no charge for our programs. During the year, we maintain plantings in various town locations, provide holiday wreaths for public buildings, assist residents of Bride Brook Health Center with seasonal arrangements, and provide library exhibits for Phoebe Griffin Noyes Library. Call Kathy Burton, Membership Chair at 860-434-8024.



WMRD
1150 - AM
Middletown - Hartford

WLIS
1420 - AM
Old Saybrook - New London

We are
The Best of the Valley & Shoreline!!

*News, Weather, Sports, Traffic, Music, Talk
and Opinion, from around the Corner
and around the World!!*

We've Got Personality!!!

www.wliswmrd.net

WINTHROP
STEM ELEMENTARY
MAGNET SCHOOL

Winthrop is a Science, Technology, Engineering and Math (STEM) themed magnet school located in New London, CT. Join us at one of our tour and information sessions.

Saturday, March 5 at 10 a.m.
Tuesday, March 8 at 6 p.m.

Information: call 860-447-6033
or visit www.winthropelementary.org
74 Grove St., New London, CT 06320



**\$START
\$AVING
NOW!**

Three Generations. Over 60 Years of Continuous Service.



Automatic Delivery • Burner Installation • 24 Hour Emergency Service

**The Record Warm Winter has left us with a Large Inventory
of contracted heating oil We Must Sell!**

CALL FOR SPECIAL PRICING



447 Spencer Plains Road / Westbrook, CT 06498

860-388-2298

fax 860-388-5557

HOD# 0000591 B1-0403715

Citizen of the Year

Congratulations to **Mary Seidner**, named the Town of Old Lyme's 2015 Citizen of the Year by the Board of Selectmen at the Annual Town Meeting in January.

Throughout 25 years as a member of the Old Lyme community, Mary Seidner has demonstrated an impassioned commitment to our children and families.

A long-time Lyme-Old Lyme Schools volunteer and Girl Scout leader, Mary was active in the Friends of Music at Lyme-Old Lyme High School, and joined the Lymes' Youth Service Bureau Board in 2002. A founding member of the Lyme-Old Lyme Early Childhood Council, and the new Community Connections, Mary is also on the MacCurdy Salisbury Educational Foundation Board, a Trustee of Essex Savings Bank, and a member of the Child & Family Agency's Lyme-Old Lyme Auxiliary. A former board member of the Community Foundation, Mary also serves on the Midsummer Festival Committee, as well as the Friends of the Old Lyme Phoebe Griffin Noyes Library.

Mary celebrates her 11th year as LYSB Executive Director this year. During her tenure, the LYSB has forged bonds with local businesses and community members. The LYSB's active involvement in the annual Holiday Giving program has provided holiday gifts and cheer to a growing number of families in need.

They formed CASFY: Community Action for Substance Free Youth, which has sent a strong substance free message since 2005. In addition to providing informational programs and conducting surveys about substance use, CASFY enlisted Old Lyme Sanitation trucks as message boards, stating "I will be a Parent, not a Bartender," and "Don't be a Party to Underage Drinking. It's the Law."

The LYSB also collaborated with Old Lyme's Police Department, receiving a Youth/Police Grant for three consecutive years, hosting meetings and sponsoring events that have benefitted young community members.

Programs for all ages and active service groups for middle and high school students have expanded under Mary's leadership. It was the LYSB's youth groups that put together 100 backpacks filled with school supplies for survivors of Hurricane Katrina. Most recently, the LYSB organized and initiated a Juvenile Review Board.

Mary Seidner was honored as the 2013 Board member of the year by the Connecticut Youth Service Association, and it is now the Board of Selectmen's turn to honor Mary Seidner's commitment to our community by naming her our 2015 Citizen of the Year.

TRUST YOUR CAR TO THE REPAIR SHOP MORE PEOPLE TRUST...

We are a full service garage dedicated to quality work and service.

"The Only Call You Need For Quality Service & Repairs"

AUTO SERVICE

of
Old Saybrook, Inc.

**We have Senior Citizen Day Every Day!
We Offer 10% OFF Repairs and Service up to \$50.00 Maximum.**



We employ ASE
Certified Technicians

Servicing Domestic & All European Cars Including
Mercedes, BMW, Jaguar, Audi, Saab, Volvo & VW



860-388-6838

From oil changes & scheduled maintenance to engine repair or replacement, we can provide complete mechanical & electrical service to your vehicle.



4 JADE COURT • OLD SAYBROOK
HOURS: MON. - FRI. 8 a.m. - 5 p.m.



Old Lyme Historical Society



If you pick up your mail at the Old Lyme post office, you may have noticed a handsome new display mounted by the Historical Society. The Society is grateful to the post office for allowing us to refurbish an existing dusty cabinet in order to present continuing exhibits about Old Lyme history. To launch this endeavor, Edie Twining, longtime Old Lyme resident, and multi-talented art designer, has executed a diorama of a section of Lyme Street commerce today as contrasted with the street in the 1920s. Legend sheets on the counter give a short

description of each structure. The intent is to follow up this exhibit with similar ones highlighting other parts of the village. Next time you go to mail a package, take a moment to go across the lobby and have a look. Your comments are most welcome. Go to www.oldlymehistorical.org and send in your thoughts.

While at the website, please note that copies of the popular Now & Then Community Calendar for 2016 are still available. Although useful as a reminder of dates and community events, many people also collect the calendars as a handy reference to local history. For example, how many of you know the history of, or indeed, have noticed the pastel painting Spirit of the the Doughboy which hangs with pride in the entrance foyer of the Old Lyme Town Hall. As usual, the Town of Old Lyme starts off the calendar as sponsor for the month of January. Check it out. Also at the website (which it is hoped you have bookmarked as a favorite on your computer), look for an announcement of the date for the ever popular annual Pfeiffer dinner lecture coming up this spring as well as dates for other events scheduled for the year. The Society as a partner in the annual Midsummer Festival is busy planning special activities with other local organizations to commemorate the 30th Anniversary of this townwide celebration. The Society's now famous Tuesday morning work crew is finishing the archives and accompanying reading room. A tour is planned as part of Midsummer Festival events.

LYME CENTER FOR ARTS PROGRAMMING



Rick Lacey, *Kyle*, 2015.

REGISTRATION NOW OPEN for Adult and Pre-College Students

- Spring Courses
- Workshops
- Summer Residencies

WINTER LECTURE SERIES

Artist Lecture by Susan Stephenson
LYME Faculty
Thursday, February 18, 2016, 6 – 8 pm

Artist Lecture by Dora Atwater Millikin
LYME Alumna
Thursday, March 24, 2016, 6 – 8 pm

For more information about
classes and to register online:

www.lymeacademy.edu

 Lyme Academy
College of Fine Arts

 @LymeAcademy



Assessors Office

The Assessors Office reminds residents of **Elderly Homeowners & Totally Disabled and Additional Veterans** tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from **February 15 through May 15th**. An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by the end of the previous year (one spouse if married) or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants **may not** be receiving federal, state, county or municipal financial subsidy or aid. These

filings are done every 2 years and if you are already in the program you will receive a reminder letter if it is your year to reply.

Board of Assessment Appeals have not yet set the dates for Homeowners wanting to appeal their 2015 Real Estate Assessments. Once the dates are filed with this office there will be an announcement made in the Day. The forms are available in this office for your convenience.

For more information please call Mickie Fraser, Administrative Assessment Technician @ 860-434-1605 Ext. 219.

Old Lyme Country Club Celebrates Its 100 Year Anniversary

The Old Lyme Country Club is celebrating its founding in 1916 with a season long schedule of events. The club, organized in 1916 as a 6 hole golf course and incorporated in the 1920's with an expansion to 9 holes, continues as a key shoreline institution to this day. Throughout its long history it has served

its member's social and athletic needs as well hosting many community events. The club's membership has included such well known figures as Walker Evans, the Depression era photographer & Dominick Dunne the celebrity author. The club has survived two World Wars, the Great Depression and most recently,

the Great Recession. Over the years the club has continued to evolve. It has added tennis courts, paddle tennis courts, a heated near Olympic size pool in 2005 and, most recently a bocce court. With a growing membership it is looking forward to another century of prosperity.

CT License
E1-123441

SICURANZA ELECTRIC, LLC



John Sicuranza
Owner / Electrician
www.SicuranzaElectric.com
email: seco4343@aol.com

860-434-4343

Specializing in all Residential
& Commercial work

<input checked="" type="checkbox"/> Service Upgrades	<input checked="" type="checkbox"/> Troubleshooting
<input checked="" type="checkbox"/> Generators	<input checked="" type="checkbox"/> Network Cabling
<input checked="" type="checkbox"/> Surge Suppressors	<input checked="" type="checkbox"/> Landscape Lighting
<input checked="" type="checkbox"/> Smoke / CO Detectors	<input checked="" type="checkbox"/> Marine Wiring



TRY US FREE FOR 7 DAYS!

See why Anytime
Fitness is right for you!

 Always open

 More personal,
personal training

 Friendly support

17 Liberty Way, Niantic, CT 06357
860.691.1611
anytimefitness.com



**ANYTIME
FITNESS**
Get to a healthier place.

Offer valid on participating locations only. Taxes and conditions may vary based on applicable state laws and regulations. Each location is independently owned and operated. Expires April 30, 2016 ©2016 Anytime Fitness, LLC

"Night in Havana" Planned for OL-PGN Bookworm Ball



The Friends of the Old Lyme-Phoebe Griffin Noyes Library are planning an exuberant celebration on Saturday, March 19th - the last night of winter, and the

eve of the first day of spring. This year, the theme for their popular Bookworm Ball is *A Night in Havana*.

Always a welcome break for the winter weary, the Bookworm Ball is a great escape from long weeks of cabin fever and a popular party that raises funds for a beloved library. The hot Havana theme is likely to make this year's event, to be held at the Old Lyme Country Club, an even bigger hit. The décor and entertainment will recall the romantic and era of the high life in Havana. The cigars, the cars, the mojitos, the mambo and merengue – all promise to make it a memorable night.

The Friends of the Library go all out for this fundraiser, with an event that typically raises over \$25,000. The ball takes thousands of volunteer hours to present, with sponsors providing financial support as well as donated items to be auctioned off. (Among the items going to some lucky bidders this year will be trips to Cancun and to Disneyworld.) Each year the non-profit Friends pledges to raise more than \$40,000 annually to buy new books and bring educational programs for tots, teens, and adults to the Library. All proceeds from the Ball are dedicated to the financial support of the Library's programs and collections.

By mid-March, area residents should be more than ready for some hot Cuban rhythms and a tropical atmosphere, so a strong turnout is expected and planners are urging people to buy their tickets early. They can do so by calling or visiting the Old Lyme-Phoebe Griffin Noyes Library at (860)434-1684 or by going online to <http://www.oldlyme.lioninc.org/bookworm-ball-2016/>.

For town updates & information:
www.oldlyme-ct.gov

COLDWELL BANKER

RESIDENTIAL BROKERAGE



Thank you to my Loyal Clients & Friends for Another Successful Year!
I am thrilled to Serve our Community & Successfully Sell Real Estate Year after Year!

Laurie Walker • 860.227.5571 cell



OLD LYME VILLAGE

Great Location near Old Lyme Village overlooking pond & golf course. Large Kitchen w/Deck, private backyard \$375,000



LYME

Exceptional Victorian with modern day flair. Three level acres, horse barn, swimming pool, Guest House. Co-list with Joe Rhodes. \$1,325,000



OLD LYME VILLAGE

Listed by Joe Rhodes
SOLD by Maddy & Laurie



CHAPMAN WOODS

Niantic Condo
SOLD!



OLD LYME

Chestnut Hill
SOLD!



LYME

Co-list with Maddy Mattson
SOLD!



OLD LYME

Founders Way
SOLD!



OLD LYME

Beach Farms
SOLD!

Old Lyme Marketplace
Old Lyme

Laurie Walker
860-227-5571 cell

Lymes' Senior Center

Check out our "new" Southeastern Connecticut Senior Website for upcoming events, <http://seniorcenterct.org/>.

Lectures, Programs & Special Events

AARP Foundation TAX-AIDE is offered in conjunction with the IRS. Its Tax Counseling for the Elderly program (TCE), provides free tax help to low-to moderate-income tax-payers, with special attention to those 60 and older. Counselors will be available on the following dates to complete your Federal and State Income Tax Returns: March 24th and April 14th.

To schedule an appointment at the Lymes' Senior Center in Old Lyme, call the Estuary Senior Center in Old Saybrook at (860) 388-1611 and tell them you wish to sign up for the Old Lyme site.

"**History of Syria and How it Relates to Today**" will be held on Wednesday, March 8th at 1 pm. This free program will be presented by Mark Albertson. Mark Albertson has been a member of the United States Naval Institute for more than 25 years. He is an historical research editor at Army Aviation magazine and has authored three books: *USS Connecticut: Constitution State Battleship*, *They'll Have to Follow You! The Triumph of the Great White Fleet*, and *On History: A Treatise*. He teaches World War II history at Norwalk Community



College for Lifetime Learners. To register, call (860) 434-1605 ext. 240.


Popcorn & a Movie. Join us for Popcorn and a Movie on March 15th at 12:45 pm. We will be showing the comedy "Anger Management" starring Adam Sandler, Jack Nicholson, and Marisa Tomei. Movie will be shown in closed caption when available.

The Gray School of Irish Dance will perform a variety of Irish Dances including soft and hard shoe dances on Thursday, March 17th at 1 pm. The dances will include Reels, Jigs, Hornpipes (both contemporary and traditional), and Celtic dances. The dancers will be dressed in traditional Irish Dance costumes.

Lyme-Old Lyme Middle School "JAZZ CATS" Jazz Band. Come enjoy a special afternoon and SUPPORT OUR YOUTH for a performance on Wednesday, March 23rd at 1 pm.

Hill Top Four- Barbershop Quartet will perform for us on March 30th at 1 pm. This local group is very talented and is known for singing "just for the fun of it."

Continued on page 17



East Lyme Psychological Associates

Psychological & Psychiatric Services

Serving adults, adolescents, children and families · Individual, couple, and family therapy

Psychiatric assessment and medication management

Adoption competent therapists work with adoptees and/or families

Psychological evaluation for adoption related issues, personality functioning, and treatment planning

29 Chesterfield Road, East Lyme, CT
860-739-6974

WINTER ACTIVITIES AT LYME SHORES

After-School Tennis Programs for Kids

Eight-week sessions throughout the school year

<p>Big Shots (ages 4-6) Tue. or Thu., 4-5pm</p> <p>Future Stars (ages 7-9) Tue. & Thu., 4-5pm</p> <p>Team Connecticut Mon. & Wed., 5:15-6:30pm <i>For competitive junior players</i></p>	<p>Local Excellence (ages 10-12) Tue. & Thu., 4-5pm</p> <p>Tournament Tough (ages 13-15) Mon. & Wed., 4-5:15pm</p> <p>High School Boys- Fri., 3:30-5pm Girls- Sat., 9-10:30am</p>
---	--

Adult Programs

 <p>Strength & Balance M/W/F, 10am</p> <p>Stability Ball Mon., 8am</p> <p>Yoga M/W, 11am</p> <p>Circuit Training T/Th/Sa/Su, 8am</p> <p>Cardio & Strength Fri, 8am</p>	 <p>Drop-in Pickleball Mon., 1-3pm, All levels Wed., 6:30-8pm, All levels</p> <p>Adv. Beginner Tennis Drills Tue., 9-11am</p> <p>Intermediate Tennis Drills Mon., 10:30am-12pm</p> <p>NTRP Tennis Drills Sat., 10:30am-12pm, All levels</p> <p>Cardio Tennis Wed., 7-8pm, All levels</p>
---	--

22 Colton Road
East Lyme, CT 06333



Learn more:
(860) 739-6281
www.lymeshores.com

AARP Drive Safety Class will be held on Friday, April 1st from 1:00 pm- 5:00 pm. Call (860) 434-1605 ext. 240 to sign up. Cost is \$15 for members/ \$20 for non-members.

Beginning Computers Basics 101. Are you new to computers, or find them confusing? If so, this is the class for you. Get hands-on practice with basic computer skills. Learn the various parts of a computer, how to use the mouse and keyboard, and take a look at navigating around the Windows desktop. On Monday, April 4, from 1-3 pm, we will be holding a free 2 hour class open to all seniors. Limited space available. Call (860) 434-1605 ext. 240 to register. Laptops and class instructions are funded by a grant from the Lyme Old Lyme Education Foundation.

Roland the Keyboard Guy will be here to sing and play the tunes from the "GOOD OLD DAYS" on April 6th at 1:30 pm. This Event is sponsored by the Senior Club and costs \$1 at the door. All welcome to attend.

Popcorn & a Movie: "Trading Places" will be shown on April 5th at 12:45 pm. Upper-crust executive Louis Winthorpe III (Dan Aykroyd) and down-and-out hustler Billy Ray Valentine (Eddie Murphy) are the subjects of a bet by successful brokers Mortimer (Don Ameche) and Randolph Duke (Ralph Bellamy). An employee of the Dukes, Winthorpe is framed

by the brothers for a crime he didn't commit, with the siblings then installing the street-smart Valentine in his position. When Winthorpe and Valentine uncover the scheme, they set out to turn the tables on the Dukes. Movie will be shown in closed caption when available.

Baby Boomer Dinner & Dancing with Michael Ciulla, a NYC professionally trained singer, actor, and voiceover artist with extensive professional experience will perform for us on Friday April 8th at 6:00 pm at the Lymes' Senior Center. He will perform music from such artists as Frank Sinatra, Nat King Cole, Count Basie, Dean Martin, Louis Jordan, Cole Porter, Irving Berlin and Glenn Miller. Louis Prima, Bobby Darin, The Everly Brothers, Roy Orbison and Elvis Presley. Tickets need to be purchased in advance. Ticket price is \$15.00 and includes Caesar Salad, Cheese Lasagna, Garlic Bread, and red wine/soda/water and a ticket to the show! Feel Free to bring your dancing shoes! Call (860) 434-1605 ext. 240 for more information.

Keeping Safe with John Cody. Join us on April 12th at 1:00 pm as a local resident with an extensive community safety background – talks with us about keeping ourselves safe from crime. This is a free program that you will not want to miss.

Ingenious Ways to Train your Brain. Join us on Friday, April 15th at 1:00 pm and learn Ingenious Ways to Train our Brain.

Continued on page 18

The Impact of Today's Violence

We are all concerned these days with what seems like a chronic pattern of violence in the world around us. Every day brings new stories of shootings, bombings, and an assortment of threats. Sometimes, we start to feel numb to the barrage of reports, but other times, we feel shocked, saddened, or angry. For parents, the reports take on another level of significance, as we worry about the impact on our children. The evening news can be traumatic, and the constant repetition of horrific images and accounts of violence is disturbing. Current neuro research tells us that the repetitive replaying of upsetting material, through visual or auditory stimuli, or simply thinking about it over and over, can contribute to solidifying traumatic pathways in our brains.

To help our children cope with the ever-present violent materials, parents need to help them shift their focus to other topics, while also providing support and information as needed about the upsetting

incidents. We need to listen to what our children say – they pick up messages from TV, social media, friends, teachers, and others. Offer your own thoughts and reassurances and correct misinformation they have received. Be open to discussion, including acknowledging your own feelings, but be sure to offer them a sense of safety. Turn off the TV at news time, to avoid the graphic images. Spend time with your child, focus on positive actions and reassure your child that most people are good, caring, and nonviolent. Limit screen time, and keep violent games out of the home. If your child wants to watch a movie that includes some violence (or watches it at school), talk about the disturbing parts of the movie to diffuse the effect and leave your child feeling safe. The most important thing you can do for your child is to be there, offer support and understanding, and help to create a sense of safety within your home.

Nancy Randall, Psy.D.
East Lyme Psychological Associates



Caliber Computing

Charles E. Delinks, Jr.
www.calibercomputing.com

Since 1993

Computer Systems & Networks

- Virus & Spyware Removal
- DSL & Cable Broadband
 - Network & Email Configuration
- Sales, Installations & Upgrades

**20 Homestead Circle
Old Lyme, CT 06371**

(860) 434-1926 phone
(860) 823-9250 cell

ced@calibercomputing.com



Celebrating 47 Years
at the same phone number

860-669-6919

**NEW INGROUND POOLS
REPLACEMENT LINERS
RENOVATIONS
CHEMICALS & SUPPLIES
COMPLETE REPAIR SERVICE
FREE WATER TESTING**

9 North High Street
Clinton, CT 06413

**LEW
THE
PLUMBER**

ARTHUR LEWIS
Owner

44 Center Beach Avenue
Old Lyme, CT
06371

**860
434-5862**

LYMES' SENIOR CENTER...continued from page 17

Ingenious Ways to Train our Brains Healthy will be led by Laura Kokoska RN. This program will include games and exercises that stimulate our minds and light movement. She will show us how healthy aging can be achieved and how to grow new brain cells and make more connections between them. To register for this free program please call the phone number listed above.

Creating and Maintaining Change
– **The Path to Healthy Living** will be held on April 26th at 1 pm. Are there areas of your life that you would like to improve? Do you look at your-self in the mirror and say “if only I could be thinner, stronger, happier...” or “I wish I could worry less, have more energy ...” you fill in the blank. Research shows us that even small changes in lifestyle can have a big impact on our improving our health. So why do we feel overwhelmed and powerless to change?

This interactive workshop will help you explore what is important to YOU and get you started with an action plan for success. Strategies for making healthy lifestyle changes you can live with will be explored. Deborah Ringen MSN, RN-BC Faith Community Nurse, Visiting Nurses of the Lower Valley will offer tips to promote healthy behavior change that will “stick.” To register for this free program please call the phone number listed above.

Hypnotist/ Mind Reader Keith Zalinger will be here at 1 pm on April 27th. A Licensed hypnotist in the state of CT and an acclaimed and award winning thought-reader who has performed at Yale University, Harvard University, Culinary Institute of America, Southern CT State University, Connecticut College, East Granby Middle School, New Haven Public Library, John Jay College of Criminal Justice (NYC), Aware NYC (www.awarenyc.org), Canton High School, Clark Memorial Library in Bethany, CT, Huntington Branch Library, Naugatuck Public Library, Wolcott Public

Library, Southbury Public Library, RFK Children's Action Corp (Lancaster, MA), & Beardsley Zoo. To register for this free program please call the phone number listed above.

Nicky D Show will be held on May 1st at 1:30 pm. This upbeat, lively show includes music from artists such as Frank Sinatra, Dean Martin, Tony Bennett, Nat King Cole, Elvis, 50's Doo Wop, Tom Jones, etc. He can also take audience requests. You will not want to miss this toe tapping event. This Event is sponsored by the Senior Club and costs \$1.00 at the door. All welcome to attend.

Internet Safety. Worried about identity theft and viruses? In this hands-on class you will learn about ways in which to protect your online reputation. Discover how to create secure passwords, spot an email scam, and what Google is saying about you. On Monday, May 2, from 1-3 pm, we will be holding a free 2 hour class open to all seniors. Limited space available. Call (860)434-1605 ext. 240 to register. Laptops and class instructions are funded by a grant from the Lyme-Old Lyme Education Foundation.

Back Pain. Select Physical Therapy will be here on May 3rd at 1 pm for a physical therapy talk on back pain, what causes it, how to prevent it, and tips for dealing with it along with exercises for it. Call (860) 434-1605 ext. 240 to register.

Reliving the 1940s: Those Were the Days program will be presented by the Connecticut Historical Society on May 10th at 1 pm. Learn how the world looked to a boy growing up in a time when kids were free to roam. Recall when radio held center stage and big-band sound dominated music and how World War II changed everything. Also, see what amazing things can be learned from the 1940 Census. You'll be entertained, whether it's reminiscence or a new introduction. Call (860) 434-1605 ext. 240 to register for this free program.

Continued on page 19

Impact of the Rising Cost of Healthcare Costs on Retirement Savings. Join us on May 17th as Edward Jones Financial Advisor, Maureen Brubaker discusses Medicare coverage and traditional medical expenses, long-term medical care expenses, and strategies for addressing uncovered expenses. To register for this free program, call (860) 434-1605 ext. 240.

Are You Getting Your 40 Winks? An Herbal Sleep Pillow Workshop will be held on May 25th at 1 pm. Are you getting your Forty Winks? An Herbal Sleep Pillow Workshop can help! Herbs have powerful healing capabilities – whether you need to:

- relieve stress, anxiety, and nervousness
- learn lessons from your dreams,
- keep away bad dreams, or
- make your nights more snug and cozy.

Join Ehris Urban, owner of Woodbury's Grounded Holistic Wellness, for an afternoon of herbal enlightenment and hands-on creation of your own customized Herbal Sleep Pillow. Cost is \$5 for senior center members/\$8 for non-senior center members to cover the cost of materials. Pre sign-up required. Call (860) 434-1605 ext. 240 to register. Minimum of 20 people will be needed to run this workshop.

Humble Bees. A five-man group from central Connecticut will perform in their unique musical style on May 31st at 1 pm. (Note: A rousing performance of "Danny Boy" is often played on a 100-year-old saw!) There will also be familiar songs in a sing-a-long format, and humorous songs performed by the Humble Bees. So make sure to mark your calendar for this free and engaging performance.

Windows 10 Basics. Take a look at the new Windows interface. Learn how to navigate the new start menu, discover the difference between Edge and Internet Explorer, and of course how to use your new personal assistant, Cortana. On Monday, June 6, from 1-3 pm, we will be holding a free 2 hour class open to all seniors. Limited space available. Call (860) 434-1605 ext. 240 to register. Laptops and class instructions are funded by a grant from the Lyme-Old Lyme Education Foundation.

Transfer Station/Landfill Hours

The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am-3:45 pm, Saturday, 8:30 am-4:00 pm. Closed Sunday and Monday. Tax payers vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Stickers are available in the Selectman's office. Bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with registration.

LAYSVILLE

HARDWARE

A Complete Line of
Hardware & Paint Supplies

Power Tools • Diesel • Lawn & Garden Supplies
Gas Grills • Electrical & Plumbing Supplies
Builder's Hardware • Blades Sharpened
Glass Cut & Window Repairs

Rentals: Power Washers • Paint Sprayers • Rug Shampooers

860.434.7727

171 Boston Post Rd, Old Lyme

Sign up for savings
with our E-Newsletter

@

laysvillehardware.com



**Benjamin
Moore**
Paints



Old Lyme Shopping Center
Exit 70 off I-95, Halls Road, Old Lyme
860-434-1455 or 860-434-3335

Serving Sunday Breakfast
10 am - 3 pm

Lunch Specials 11 - 3

At the Bar \$6 Lunch, \$2 Drafts



THURSDAY NIGHT "WING NIGHT!"

<p style="font-weight: bold; font-size: 1.2em;">50% ANY ENTREE!</p> <p style="font-size: 0.8em;">Buy One Entree at Regular Price, Get 2nd of Equal or Lesser Value 50% Off With this coupon. One coupon per table. Excludes tax and gratuity. Not valid with other offers or on holidays. Expires 3/29/2016</p>	<p style="font-weight: bold; font-size: 1.2em;">\$10 OFF TOTAL BILL!</p> <p style="font-size: 0.8em;">Of \$50.00 Or More With this coupon. One coupon per table. Excludes tax and gratuity. Not valid with other offers or on holidays. Expires 3/29/2016</p>	<p style="font-weight: bold; font-size: 1.2em;">\$5 OFF TOTAL BILL!</p> <p style="font-size: 0.8em;">Of \$25.00 Or More With this coupon. One coupon per table. Excludes tax and gratuity. Not valid with other offers or on holidays. Expires 3/29/2016</p>
---	---	--

Steaks • Seafood • Pasta • Sandwiches and More!

Child & Family Agency Collecting Donations for Annual Sale

For the uninitiated, Intake Day is a spring ritual, marking a time to find, dust off, clean, repair and donate those valued, but little-used items in your care, to benefit The Child & Family Agency of Southeastern Connecticut. On Tuesday, April 26th, from 10 to 4, at the First Congregational Church of Old Lyme on Ferry Road, members of the Lyme-Old Lyme Auxiliary of Child and Family Agency will be standing by to greet and assist you with your donated items. Please use the Ferry Road entrance. Tax donation letters will be available on site, and specialty art or jewelry items will be appreciated and handled with care.

The auxiliary will collect, sort, box and then transport your contributions to the New London Armory for a bonanza, 3-day fundraiser which has earned a reputation for being one of the "Largest Tag Sales in New England." This year's sale, our 62nd Annual Sale, will be held May 5, 6, & 7 at the New London Armory at 249 Bayonet Street New London, CT.

WANTED: Art work, furniture, decorative items, sporting goods, clothing, jewelry, household items, linens, tools & toys, vintage and antique items, books, food magazines, records & DVDs.

The motto *Bring the Best and Leave the Rest* has made the town of Old Lyme a standard bearer for "quality" donations which help to provide for an increasingly successful fund raiser. Proceeds go directly to support the many extraordinary services provided by Child & Family Agency, a non-profit organization which has served Connecticut families for over 200 years.

Today, programs deal with children's mental health, children's health care, childcare, parent education, child abuse prevention, the treatment of family violence, and teen pregnancy. Child-care and out-of-school programs benefit from volunteers who read one-on-one with children, share a hobby, an athletic skill or a special talent with a classroom, are homework buddies or create sets and costumes for their exciting theatre productions. To join the auxiliary or to volunteer today, please call 860-443-2896.

Your collective donations make a difference every year in the lives of the children and families served, but in times of economic turmoil your support is crucial, helping to stabilize some very

Continued on page 21



Exencial
Wealth Advisors™
Explore. Execute. Excel.




Providing Planning, Leadership & Investment Management

Thomas P. McGuigan, CFP®
tmcguigan@ExencialWealth.com

Jean A. Wilczynski
jwilczynski@ExencialWealth.com

www.ExencialWealth.com

187-B Boston Post Road, P.O. Box 623
Old Lyme, CT 06371
(860) 434-5999 · (888) 434-5999

Investment Advisory Services offered through Exencial Wealth Advisors, a SEC-Registered Investment Advisor.



Old Lyme Visiting Nurse Association, Inc.

At time of hospital discharge or whenever in need of homecare services, please call

860-434-7808
or
860-434-9003

Homecare license via Interim Health Care of Eastern Connecticut

Hyacinth
Nail & Spa

Mon - Fri: 9:30AM-6:30PM
Sat: 9:00AM-6:30AM

Winter Special
Valid Jan - March 31, 2016

Regular Pedicure & Manicure - \$39.95
Any Color Gel - \$28.95
FREE Hand and Feet Paraffin





Tel: 860.767.0608
149 Westbrook Rd.
Essex, CT 06426

CHILD & FAMILY...continued from page 20

fragile lives. Last year over 17,000 children and their family members from 79 towns were helped by the agency's staff of 180 dedicated professionals. For more information about the work of Child & Family, visit www.childandfamilyagency.org.

Save the Date - "Lyme-Old Lyme Auxiliary Garden Luncheon" Friday, June 17, 11:30 am at the Old Lyme Country Club - more details will follow - www.childandfamilyagency.org.

Beach Sticker Information

Beach Stickers will be available online at the Town's website (www.oldlyme-ct.gov) beginning in May or in the Selectman's Office, Monday through Friday, 9 am - 3 pm. Price for a beach sticker is \$25 and \$20 for senior citizens over 60. Car registration must be shown and additional proof of property ownership (if vehicle is registered in a place other than Old Lyme) may be required at time of purchase. Please note the cost for replacement stickers is \$25 unless the original sticker is returned (regardless of condition).


In addition, weekly cottage renters (with lease dates) can request a temporary beach pass for use during their stay for \$25 per week, and we also offer a day pass for \$10 for other special circumstances. Please visit the Selectman's Office or phone Michele Hayes (860.434.1605, ext. 212) for details and purchase of these passes as well as additional questions you may have. Thank you!

Lyme-Old Lyme High School Hosts Prospective Student Day on March 4

On Friday, March 4, Lyme-Old Lyme High School will welcome prospective students who do not currently attend a Region 18 school and their parents/guardians to preview the high school if they are considering enrolling at the school for the fall of 2016. School Counselors and Administration will be available to provide an overview of the school, its curriculum and student opportunities. Additionally, tours of the school will be available. The event starts at 12:00 pm. For more information or to RSVP, please call 860-434-2255.

**Want to Reach Every Home
& Business in Town?**

Call Betty Martelle at (860) 333-7117



147 Boston Post Road
Old Lyme, CT 06371
M-F 7 am - 5 pm ~ Sat 7 am - 12 noon
860-434-2265
www.allproautomotive.com

Shoreline Overhead Door, LLC

Family Owned & Operated

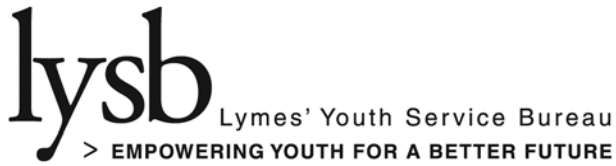
Since 1989

- Owner on Every Job
- Sales
- Repairs
- Same Day Service
- Installation
- *Snow Removal*
- Free Estimates

LiftMaster
The Professional Line
Garage Door Openers
Battery Backup Openers

• 860.434.1179 •
shorelinedoor@sbcglobal.net

Lymes' Youth Service Bureau



31st Annual Youth Art Show. March 17 - March 26, 10:00 to 4:00 (closed Sunday March 20). Opening Reception, March 17th, 4:00 to 7:00 pm. Featuring works by more than 150 students in the Lyme-Old Lyme Public Schools. The show is held at the Lyme Academy College of Fine Arts in the Sill House Gallery. The show is hosted and organized by LYSB in collaboration with Lyme-Old Lyme Public Schools and the Lyme Academy College. Now in its 31st year the Youth Art Show will showcase the works of students in grades K-12, including drawings, paintings, and sculpture.

Summer Camp Fair. Wednesday, March 30, 5:00-7:00 pm. Lyme-Old Lyme High School. More than 25 local camps will be at LYSB's Camp Fair. Pick up brochures, meet camp reps, and maybe even register. It's one stop shopping for a summer of fun! Admission is free. Pizza available for sale. (Camps listed at www.lysb.org).

Babies First. Tuesdays 10:00-11:00 am. Fee: \$40/5 weeks sessions. For new and expecting moms, or parents of children up to 12 months. Join us for social time and parenting discussions. Weekly topics of interest and guest speakers include issues and concerns commonly found during the first year of parenthood. Meeting in the casual and child friendly atmosphere of Mimi's Place at LYSB, nursing moms and diaper changing always welcome. Register at www.lysb.org or call 860-434-7208 x0.

Playgroups At LYSB. Baby Signs Playgroup: Mondays 9:30-10:45 am (free). Mixed Ages: Wednesdays 9:30-10:40 am. Sensory Playgroup: Thursdays: 9:30-10:30 am. Children (with their parent/caregivers) will enjoy circle and social time, free play, snacks, stories, crafts and outdoor time at Mimi's Place adjacent playground. Siblings always welcome. Each week the groups will explore a new theme. Our Baby Signs Playgroup on Mondays will explore your child's communication through signing and language. Our Sensory Playgroup on Thursdays will explore the senses. Squish, rattle, explode & roll... and leave the mess with us. Fee: \$40 per five week session. Register at www.lysb.org or call 860-434-7208 x0.

Music With Margie. Wednesdays, 10:45-11:15 am. This fall our music classes are free due to a generous donation. Music with Margie is a "joy-based" music and movement preschool program for young children based on the simple truth that children learn and retain knowledge through PLAY! By teaching in a multi-sensory fashion, using music, rhythm, and

rhyme, children gain the skills they need for kindergarten in a setting of relaxation and fun. Enthusiastically performed, written, and taught by Connecticut-born Margie Warner. Weekly topics include everything from families to weather to dinosaurs – all in a fun, safe environment. Margie is a member of both ASCAP and the Connecticut Storytelling Center. Register at www.lysb.org or call 860-434-7208 x0.

Youth Advisory Council (YAC). Every Wednesday 7:00-8:00 pm. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night. For questions call 860-434-7208 x0. Just show up, fun is guaranteed.

Acting Up! Mondays from 6-8 pm, starts March 28. Dinner provided. LYSB's prevention drama troupe for any high school student living in L/OL. The purpose of Acting Up! is to provide high school students with the necessary tools to "dramatically" improve their lives and self esteem through the art of acting and writing, and to positively influence the lives of middle and elementary school students through performance. Working with an acting coach, Acting Up! members will write and perform their own sketches for middle and elementary students about the problems they are facing or will face in the near future. Topics may include peer pressure, underage drinking, drug use, bullying/teasing, eating Disorders, etc. For more information about Acting Up!, call LYSB at 860-434-7208. Fun is guaranteed!

Middle School After School Program. Meets Tuesdays and Thursdays from 2:15 to 4:00 pm. Come hang out at LYSB and participate in a variety of crafts, games, and fun activities. Students can walk to LYSB after school and passes for the Late Bus will be provided. This is a drop in program open to any LOLMS student. Registration fee of \$30 and permission form required, available on our website www.lysb.org.

Auditions for THE BIZZ. Tuesday, March 15, 4:00-6:00 pm at LOLMS. Wednesday, March 16, 4:00-7:00 pm at LOLMS. **NOTE: Appointments required for auditions.** Call LYSB to book your audition 860-434-7208 x0 or online at www.lysb.org. Visit our website for audition rules and info www.lysb.org. The BIZZ will be held on Friday, April 8.

Engineering Club. FOR HOMESCHOOLERS: Thursdays 10:00 am to 12:00 noon. AFTER SCHOOL: Thursdays 4:00 - 6:00 pm. Take the bus to LYSB after school. Full course descriptions at www.lysb.org. TO REGISTER: Call 860-434-7208 x0 or www.lysb.org

Change Happens: A Program for Children of Divorce. Wednesdays, 4:30-5:30 pm. Change Happens is LYSB's program for children and adolescents whose families are going through divorce, separation, remarriage, and custody issues. This program was designed to assist children through the continuum of family

Continued on page 23

LYMES' YOUTH SERVICE BUREAU... continued from page 22

reorganization, change or upset. We will address self-esteem, issues of loss, communication and transition. Hands on activities will help young people express themselves. All young people who are managing the emotions and hurdles of family transitions will benefit from this program which will be held at LYSB and led by a licensed clinical social worker. Fee: \$90 for six week sessions. Pre-register by calling LYSB at 860-434-7208 x0. All calls are confidential.

Sitter Safety Class. Four Mondays: March 7, 14, 21 & 28 from 2:15-4:00 pm. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register at 860-434-7208 x0.

CPR For Babysitters. Monday, April 4. Session One: 2:15-3:45 pm or Session Two: 4:00-5:30 pm. Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this 2-hour class. Class cost is \$45 and

awards a Certificate of Completion. Contact LYSB to pre-register at 860-434-7208 x0.

Youth Job Bank. Do you need a babysitter? Yard work needing to be done? Dog walking? Odd Jobs? Call LYSB to hire local youth who are interested in working for you! L/OL youth in grades 6-12 who are interested in adding your name to our Job Bank, fill out an application on our website www.lysb.org 860-434-7208 x0.

Lyme-Old Lyme Prevention Council. CASFY: Community Action for Substance Free Youth. Meets on the 1st Tuesday of the month at 7:00 pm at LYSB. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting.

Survivors of Suicide Loss Support Group of Southeastern CT. Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources,

Continued on page 24

Pilates for Life

The Tradition and Method of Joseph Pilates

Joseph H. Pilates, originator of **Pilates Method**...
trained **Romana Kryzanowska**, Master Teacher NYC...
Romana trained **Marlene Powers**, let Marlene train you
in the true tradition...

Fitness and Flexibility
Alignment and Posture
Deep Core Strengthening
Physical Therapy Compliment

Certified Instructor
Over 900 Training Hours
Mat Classes
Private Equipment Instruction
Beginner to Advanced



2010, 2013 & 2015
Readers Choice
Best Pilates Studio
26A Saybrook Road
Essex, Connecticut
860-227.5790

Celebrating 10 Years!
Marlene Powers
www.inspiredbypilates.com
email: info@inspiredbypilates.com

Good hearing is
PRICELESS



Is it time to get your
hearing checked?

County Hearing and Balance

OLD SAYBROOK
900 Boston Post Road
860-388-0022

WATERFORD
Lowe's Plaza
167 Parkway North
860-443-6944

Call us for a Free Initial Consultation
All services by Doctors of Audiology
www.countyhearingandbalance.com

and to give and get support through the long grief process. Meeting times: 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme.

Mental Wellness Discussion Group.

We meet on the 2nd Tuesday of the month at 7:00 pm at LYSB to discuss issues regarding mental health in Lyme and Old Lyme. We welcome newcomers at each group and look forward to your

participation and ideas.

Journey Beyond Divorce. A support group for parents about divorce. Meets on the 3rd Wednesday of the month, 6:00-8:00 pm at LYSB. Are you in the middle to the divorce process or has your divorce been finalized but you would still like support? Are you having difficulties communicating with your co-parent? Are you feeling isolated, lonely or confused?

New support group beginning at the LYSB: Join others who are experiencing similar changes and difficulties for an opportunity to discuss feelings and ask questions. Group will be led by an experienced licensed clinical social worker who understands the process of recovering from divorce. Contact LYSB for fee and date info 860-434-7208 x0.

Lyme Academy College of Fine Arts of the University of New Haven

Registration now open for Spring Classes for Adults and Pre-College Students. For more information and to register online: www.lymeacademy.edu.

40th Annual Student Exhibition. February 5 – April 2. Monday through Saturday, 10 am to 4 pm.

Artist Lecture by Susan Stephenson, LYME Faculty. Thursday, February 18, 6 – 8 pm. Reception at 6. Lecture at 7 pm. \$15 for

Reception and Lecture. Seating Limited. Reservations Required. RSVP: Kristen Brady, Kbrady@lymefns.newhaven.edu.

Artist Lecture by Dora Atwater Millikin, LYME Alumna. Thursday, March 24, 6 – 8 pm. Reception at 6. Lecture at 7 pm. \$15 for Reception and Lecture. Seating Limited. Reservations Required. RSVP: Kristen Brady, Kbrady@lymefns.newhaven.edu.

VALUE • QUALITY • EFFICIENCY

ESSEX
LIMOUSINE SERVICE
SERVICING OVER 600 CITIES WORLDWIDE
www.EssexLimousine.com
860-767-2152 • 860-388-5466
CT DOT # 2389

ESSEX TAXI
www.EssexTaxiCT.com
860-767-7433 • 860-767-RIDE
CT DOT # 1121

FULLY LICENSED & INSURED — UNDER NEW OWNERSHIP

CONNECTING YOUR CONNECTICUT!
Public Transportation for all ages serving Chester, Clinton, Deep River, East Haddam, Durham, Essex, Haddam, Killingworth, Lyme, Old Lyme, Old Saybrook & Westbrook

Medical Transportation to Middletown
Connections to Southeast Area Transit buses in New London, CT Transit New Haven in Madison, Middletown Transit and CT Transit Hartford in Middletown

Call 860.510.0429
www.9towntransit.com

9 Town Transit is Operated by the Estuary Transit District

Lymes' Senior Center Summer Concert Series & Ice Cream Socials



Us Navy Pops Ensemble.

Thursday Nights In July & First Thursday Night in August

Come and enjoy a summer evening at the Lymes' Senior Center, 26 Town Woods Road for "Summer Sounds" a five week musical series. All ages are welcome.

Bring your chairs, blankets, dinner, etc. the performances will be held out on the lawn (weather permitting) or inside if the weather is inclement. A free ice cream social will follow all concerts.

All concerts begin at 7 pm. The following concert artists are TBA (To Be Announced): July 7, July 14, July 21, July 30. Check out our NEW Website seniorcenterct.org/lyme-old-lyme/calendar. As details become available they will be posted.

Join us on July 28th at 7pm, **United States Coast Guard Dixieland Band**. Join us on August 4th at 7pm for the **United States Navy Pops Ensemble**.

The Lyme Tree, a Woman's Exchange of Old Lyme

Located in the Old Lyme Marketplace

We are a non-profit gift shop open Tuesday thru Saturday 10 am to 4 pm. Closed Mondays in February. We have merchandise on sale! And new things are always coming in weekly. We also carry See's Candy!

BALLEK'S GARDEN CENTER



Call Now For Spring Landscaping!

FULL SERVICE GARDEN CENTER
Great Selection of Annuals, Perennials, Trees & Shrubs

FULL SERVICE FLORIST
Gardening Gifts & Fresh Cut Flowers

LANDSCAPING
Walls, Walks, Patios, Tree and Garden Installation

Sharing our Knowledge & Passion for Gardening with You!

860-873-8878

90 Maple Avenue, East Haddam, CT
www.BalleksGardenCenter.com

COMPUTER PROBLEMS DRIVING YOU NUTS?



- Unlimited Support – One Low Price
- Server, Network & Workstation Maintenance
- Network Security & Proactive System Monitoring
- Local and Online Backup and Recovery
- 2 Free Hours or Free System Analysis - Just to Give Us A Try (Offer for 4 or More Computers)

Now Celebrating 10 Years of Helping Business' Increase Productivity and Profits!

TechNet
computing

rob@technetcomputing.com
www.technetcomputing.com

860.740.0328

Old Lyme Phoebe Griffin Noyes Library

Sign up for our E-Newsletter at: www.oldlyme.lioninc.org. The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events and announcements. Please register. Registering allows for planning appropriately and for contacting you regarding program changes. All programs are free and open to the public unless otherwise noted.

Children's Events

March 9, April, 13, and May 11 from 5:30-6:15 pm. Sweet Beats Family Music with Eleanor Robinson. Join us for an evening of music and movement with Eleanor Robinson, owner of and musician behind Sweet Beats Family Music. We will sing, dance, and sway our way through Eleanor's wide musical repertoire. This free activity is perfect for families with children 0-5 years of age; registration is strongly encouraged.

Thursday, March 17 from 4:00-5:00pm. St. Patrick's Day with the Gray School of Irish Dance. Come to a St. Patrick's Day celebration that will have you ready to get up and dance! The Gray School of Irish Dance will visit the Community Room for a special performance in honor of St. Patty's Day. Grab a green goody bag on your way out the door for some fun surprises.

Wednesday, March 30 from 5:00-7:00 pm. Summer Reading at the LYSB Summer Camp & Activities Fair. On Your Mark...Get Set...READ! Stop by the Library's booth at the Lymes' Youth Service Bureau's Summer Camp & Activities Fair and check out the unveiling of our newly redesigned summer reading program.

Thursday, March 31 from 4:00-5:00 pm. Marble Run Mania. Ready for another STEAM challenge? Roll up your sleeves, rev up your imagination and build your own marble run. You and your teammates will get to choose from our random assortment of building materials. Then, your group will work on the construction process. The possibilities are endless.

Every Thursday from April 14 – May 19 (except April 21) from 3:45-4:45 pm. All Things Estuary: From Bacteria to Bald Eagles. Kids in grades 3-6 are invited to get their hands dirty with Eleanor Robinson of the Roger Tory Peterson Estuary Center at our amazing five-week series. Using real examples from Old Lyme and the estuary of which it is part, each class will allow us to explore the science that surrounds us through concepts like biodiversity, water, migration, adaptation, soils and sand, and the watershed. This program meets Common Core standards. Don't miss out.

Teen Events

Monthly starting March 1 from 3:00-4:00 pm. Teen Art Labs. Join us each month to learn about a new style of art and

create your own masterpiece. This young adult program meets monthly on the following additional dates: April 5 and May 2.

Monthly starting March 7 from 3:00-4:00 pm. Teen Tech Workshops. Each month we will learn to use technology in new and exciting ways, as well as make our own tech based projects. This young adult program meets monthly on the following additional dates: April 12 and May 16.

Monthly starting March 8 from 3:00-4:00 pm. Teen Advisory Board. Teen Advisory Board members will help plan programs and events, vote on new books to add to the collection, and more. It is a great way to earn community service hours. This young adult program meets monthly on the following additional dates: April 11 and May 9.

Monthly starting March 18 from 3:00-4:00 pm. Anime Club. Join us on the last Friday of every month for anime screenings, snacks, games, and much more! This young adult program meets monthly on the following additional dates: April 29 and May 27.

Monthly starting March 4 from 3:00-4:00 pm. Gaming Club. This club will introduce teens to new video games, host gaming competitions, and more. This young adult program meets monthly on the following additional dates: April 8 and May 6.

Wednesday, March 9 from 3:00-5:00 pm. How to Build Your Own Telescope with Kevin Manning. An introduction of telescope types, function, performance, and accessories will help participants choose a telescope wisely. Then, a detailed description of steps in constructing your own powerful telescope will be enhanced with clear illustrations and numerous photographs taken throughout the entire process A-Z. It's so easy a 3rd grader can do this! Following the presentation, a model telescope just like the one you can build will be set up outdoors for viewing the Moon, the rings of Saturn and other beautiful objects in the night sky, weather permitting. Registration required. Snow date March 10.

Friday, April 1 from 3:00-4:00 pm. Prank Workshop. Meet up with your fellow pranksters and learn how you can play some harmless (but hilarious) tricks on your friends and family this April Fool's Day. Registration is required for this young adult program.

Monday, May 9 from 5:00-6:00 pm. Mother's Day Maker Night. Make a homemade Mother's Day craft she'll treasure forever. Advance registration is required for this young adult program.

Adult Events

Mondays at 7:00 pm. Contemporary Classics Book Discussion with Marsha Bansavage. March 7, *Redeployment* by Phil Klay (National Book Award 2015). April 4, *Let the Great World Spin* by Colum McCann. May 2, *Go Set a Watchman* by Harper Lee.

Continued on page 27

PHOEBE GRIFFIN NOYES LIBRARY...continued from page 26

Thursdays at 11:00am. Phoebe's Book Chat – Meets on the second Thursday of the month. March 10, *The Dinner* by Herman Koch. April 14, *Dead Wake* by Erik Larson. May 12, *The Memory of Running* by Ron McLarty. June 9, *The Abstinence Teacher* by Tom Perrotta.

Thursday February 25 at 7:00 pm. Backlund: From All-American Boy to Professional Wrestling's World Champion. Connecticut Author Bob Backlund began life as a poor farm boy in Minnesota. He was a below-average student with a lackluster work ethic and a bad attitude. Through the guidance of his wrestling coach and a promise to stay out of trouble, Bob went on to use the principles learned to achieve a successful wrestling career and manage a business. Registration required. Snow date March 3.

Wednesday March 9 at 7:00 pm. SPECIAL EVENT! Astronomy for Everyone: the Scale and Size of the Universe with Kevin Manning. Manning, a former consultant to NASA, will take us on a virtual journey of the cosmos to explore the very small and the very large! Manning will present an unforgettable program for all ages that boosts scientific literacy and inquiry with awesome presentation visuals and star viewing through a powerful custom-designed telescope. A Q & A session included. Manning is a gifted astronomer, having worked as a consultant with NASA, the Chandra X-Ray Observatory launched on the space shuttle with the Harvard-Smithsonian Center for Astrophysics, and other ground-based observatories. All ages welcomed. Registration required.

Saturday March 12 at 11:00 am. Cuba! Get into a Latin mood for our annual fundraiser, A Night in Havana! Guest speaker Christine Grant from the University of Hartford will take us on a visual tour of Cuba's history and culture. Explore Cuba to learn more about its multiethnic population whose people, culture and customs derive from diverse origins. Registration required.

Wednesday April 13 at 7:00 pm. Hiking the Appalachian Trail. Come on a modern day adventure of hiking the Appalachian Trail with Connecticut resident, Sam Ducharme. Sam set out on a 2,180 mile, 14 state backpacking trip from Springer Mountain, Georgia to Mt. Katahdin Maine. During his six month journey he documented the rugged beauty of the Appalachian Mountains, the wildlife, the hardships encountered on the trail, as well as the people, culture and humanity at its finest. Registration required.

Thursday April 28 at 7:00 pm. Zentangle® with Kelley. Zentangle® is a tool used by artists and non-artists alike. Created by artists Rick Roberts and Maria Thomas, Zentangle® is drawing with simple patterns that are combined in unique ways to form beautiful images while engaging the mind and relaxing the body. No art experience required. All materials provided. Additional materials may be purchased to take home for those interested. Registration required.

Saturday May 14 at 10:00 am. FREE Preview of Spring Photography Classes. You are invited to a one hour overview of the Basic and Intermediate classes with instructor Steve Nadler. Meet Steve and hear about his class content and personalized teaching style for how to get the most from your DSLR camera. Registration encouraged.

Tuesdays June 7 & 14 at 1:00-3:00 pm. Basic Photography with Steve Nadler. The class will cover how to use your camera in automatic and programmed operation, how to use a checklist for picture capture, and understanding composition and lighting. Defining a good image and consistently capturing that image are the skill sets you will be acquiring. Class fee is \$50 payable to Steve Nadler Photography, 23 High Street, Essex, CT 06426 prior to the first session. Registration is required by calling 860-434-1684 or visit www.oldlyme.lioninc.org.

Thursdays June 9 & 16 at 6:00-8:00 pm. Intermediate Photography with Steve Nadler. Instruction is geared for any DSLR camera. Photographic techniques covered include lighting, exposure, aperture, shutter speed, ISO and white balance. Composition and how to utilize patterns, textures and found objects in image creation will be included. There will be time allowed for fieldwork and critiques. See the website for details. Course Fee is \$50 payable to Steve Nadler Photography, 23 High Street, Essex, CT, 06426 prior to the first session. Registration required.

MARK REEVES, BUILDER 860-388-3825

Time for those Spring Projects!



New Homes • Whole House Remodels • Additions
Kitchens • Bathrooms • Basement Conversions
Siding & Windows • Entertainment Centers
Flooring • General Remodeling



Look me up on

CT LICENSE # 538583 & 10263
FULLY INSURED

MARKJREEVESBUILDER@COMCAST.NET
WWW.MARKREEVESBUILDER.COM

Emergency Preparedness

The Town utilized Old Lyme Alerts before the January 23 snowstorm (Jonas) to warn over 4,000 residents and businesses about the impending storm.

Our message included a reminder to call 911 in an emergency, provided the phone number to report a power outage (Eversource 800-286-2000), and announced a town-wide Parking Ban.

We encountered a technical glitch when our message was converted into a telephone recording, but are pleased that our initial use of the system conveyed important information via

cell phone text and e-mail to most of the 4,000+ members of our community who have already registered for Old Lyme Alerts.

Our telephone messages will be much clearer in the future – we promise. Meanwhile, we encourage all residents – full time and seasonal – businesses or organizations who have not yet registered for Old Lyme Alerts to do so without delay.

Follow the link on our website (click on Emergency Management at the bottom of the Home Page), complete an Old Lyme Alerts registration card (available at the Town Hall, Library, and Senior Center), or complete the form below:

The Town of Old Lyme has launched **Old Lyme Alerts**, an Emergency Notification System.

We can let you know if a health crisis poses a threat; if a fire or accident will restrict access to neighborhoods; and, of course, if our community needs to prepare for an impending storm. The contact information you provide is protected. It will not be used for any other purpose.

Even if you have already registered for notifications through the state system (ctalert.gov), you will want to register for local Old Lyme Alerts.

Register online today (visit www.oldlyme-ct.gov and follow the link) or complete the form below. Please print clearly

Name _____ Old Lyme Street address _____

Mailing Address _____

How would you prefer to be contacted by the Town? Please indicate your preference below, entering 1 for the best way to contact you, 2 for the second best way, etc.

Enter 1,2, etc.	Please print clearly below	Enter 1,2, etc.
_____	cell phone texts _____	_____ cell phone calls _____
_____	home phone _____	_____ work phone _____
_____	other phone _____	_____ personal e-mail _____
_____	work e-mail _____	_____ other e-mail _____
_____	TTY device _____	

Are you interested in receiving e-mail messages about community and town sponsored events? Please circle: Yes No (We will send you information about subscribing to the Town website). Mail it or drop off this form at the Town Hall.

We Can't Contact You if We Can't Reach You!

The Size-Up

Summer Safety Tips

Summer will soon be upon us. While you enjoy some fun in the sun, Old Lyme Fire Department reminds you to keep some safety tips in mind.

Heat-Related Illness

- Avoid heat exhaustion by staying in cool areas.
- Apply cool, wet cloths to the body.
- Drink sips of water.
- List of Cooling Centers

Practice Water Safety With Your Child

Drowning is the number one cause of death in children under the age of 14.

- Enroll your child in a licensed swim class.
- Supervise your child in and around the water, even if a lifeguard is present.

Learn CPR

- Become CPR certified by taking a local class. Click here for a list of upcoming classes.
- Put your CPR training to use in the event of an emergency. Download the PulsePoint mobile application and be alerted when someone nearby is affected by sudden cardiac arrest.

Barbecues

- Use an approved starter fluid when lighting a barbecue.
- Never use gasoline.
- Don't add fuel to the fire after it has been started.
- Place grills at least 10 feet from your house.

Hot Coals

- Dispose of hot coals after they have cooled.

Matches & Lighters

- Keep matches and lighters in a safe place away from children.
- Purchase lighters with a child-resistant feature.

Garden Hoses

Outdoor water play is popular for young children during the summer time. Please consider the drought before using this valuable resource.

- Water directly from a standing hose can be extremely hot, don't place water from a standing house directly on skin.
- Run the garden hose water until it is cool before using.

Automobiles

- If your vehicle overheats, do not remove the radiator cap until you are sure the engine has cooled down and use a rag when removing the cap.

- Include a fire extinguisher in your vehicle.
- Include tools and other emergency equipment.
- Avoid burns by being aware of metal in your car that may have been exposed to the sun.
- "Beat the heat, check the back seat"
- Check for small children in a car seat.
- Never leave children unattended in a vehicle.
- Never leave pets in a vehicle during the summer.

Gasoline

- Store gasoline in approved safety cans.
- Store gasoline away from open flames.
- Store gasoline out of the reach of children.

All Excerpts provided by the Santa Clara Fire Department, Santa Clara, California.

Until next time, stay safe out there.

Safety Officer John J. Cody, Old Lyme Fire Department



ZELEK



ELECTRIC CO.

- BUCKET TRUCK SERVICE
- MOTOR CONTROLS
- LANDSCAPE LIGHTING
- TELEPHONE WIRING
- GENERATOR INSTALLATIONS
- SALES & SERVICE
- UNDERGROUND WIRING
- FIRE ALARM SYSTEMS
- LIGHTING CONSULTANT
- TROUBLE SHOOTING
- SOLAR ELECTRIC SYSTEMS



CT LICENSE #103314

RESIDENTIAL • COMMERCIAL MARINE • INDUSTRIAL

*"BIG ENOUGH TO DO THE JOB,
SMALL ENOUGH TO CARE"*

860-434-9726

OLD LYME, CT www.zelekelectric.com

Lyme-Old Lyme Chamber of Commerce



The Lyme-Old Lyme Chamber meets on the third Wednesday of each month to offer the opportunity for business professionals to network with each other and discuss ideas related to the economic vitality of our towns. Please join us at any or all of these meetings:

March 16 at The Black Hall Grille on Shore Road in Old Lyme. This will be a St. Patrick's Day-themed dinner meeting (\$25 per person for the meal) and the Chamber will have exclusive use of the restaurant. Our guest speaker will be a social media expert, who will present ideas for maximizing the power of Twitter. Reservations are required for this meeting — please contact email@lolcc.com.

April 20: We plan to launch our new “Welcome Kit” at this Cocktails & Appetizers meeting (location to be determined.) This Kit, which will include local information, coupons and free gifts from local businesses, will be given to new residents in Old Lyme. If you would like to contribute to these Welcome Kits, please contact Gail Stevens at gstevens1220@gmail.com.

May 18 at Lenny's on the Beach on Hartford Avenue, in Sound View. The owner will introduce his new range of locally-brewed beers.



If you are thinking about becoming a member, come to a meeting as a visitor. We would be delighted to welcome you and show you how much membership at just \$50 per year has to offer and how it can benefit your business.

High school juniors and seniors resident in Lyme and Old Lyme are invited to apply for a number of Chamber scholarships. Details are available in the Lyme-Old Lyme High School Guidance Office and on the Chamber's website.

The Chamber is delighted to announce a new ‘Osprey Festival,’ which is being held at Sound View on Saturday, June 18, from 10 am to 8 pm. This is an exciting, family-oriented seaside festival

Continued on page 31

Old Lyme Town Hall • 860-434-1605
www.oldlyme-ct.gov

Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Walter Kent	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
Building	John Flower	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Information Technology	Ruth Roach	434-1605 x237
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
Sanitarian	John Sieviac	434-1605 x229
Senior Center	Stephanie Lyon	434-1605 x240
Social Services	Valerie Goncalves	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225

OTHER AGENCIES

Library/Passports	Mary Fiorelli, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER	(860) 434-4127
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE	(860) 434-0740
LYME ART ASSOCIATION	(860) 434-7802
VETERANS OF FOREIGN WARS –	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION – POST 41	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18	(860) 434-7238
MILE CREEK SCHOOL	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL	(860) 434-1651
MULTICULTURAL MAGNET (NEW LONDON)	(860) 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS	(860) 434-5232
---	----------------

that honors the majestic Osprey and celebrates many of the great aspects of Lyme and Old Lyme. The Chamber is partnering with the Connecticut Audubon Society's Osprey Nation, the Roger Tory Peterson Estuary Center, Lyme Academy College of Fine Arts of the University of New Haven, and the MusicNow Foundation to bring together art, music, nature and events.

A portion of Hartford Avenue in Sound View will be closed off for the festival. With 300 available parking spaces and a location that allows visitors to visit the beach, there is bound to be a large crowd. The morning and early afternoon will be focused on young families with free carousel rides, kid's competitions, school bands, and young local musicians. The

afternoon will be geared towards the older population in Lyme and Old Lyme with lectures from world-renowned speakers on art and nature, plus a performance by a wind and brass ensemble.

As the evening rolls in, the tone will change to create a night for all ages with some top-notch local bands, and some special games in the street. This inaugural annual event is designed to kick-off the summer season and attract residents from our two towns as well as the surrounding communities.

You are invited to participate as a sponsor at the Platinum, Gold or Silver levels or as a vendor in the Vendor Alley, where there will be 60 (approximately) 10'x10' spaces available for vendors.

For more information about this event including sponsorship details, visit www.ospreyfestival.com where you can also download a vendor application form. Please email info@ospreyfestival.com with questions about the festival.

For details of scholarships opportunities, monthly meetings and other Chamber-sponsored events, visit www.VisitOldLyme.com and don't forget to Buy Local to support businesses in our community.

For questions regarding the Chamber, contact Chamber President Mark Griswold at grismark@aol.com or Vice President Olwen Logan at editor@lymeline.com.

Save the Dates for the 80th Annual White Elephant Sale!

This year is a very special year for the First Congregational Church of Old Lyme because the Ladies Benevolent Society is celebrating the 80th anniversary of the perennially popular White Elephant Sale (WES)!

For those new to the town or folks who have never participated, this is one of the main events on both the town and church calendars. It all starts with the intake period when unwanted items from your house or yard – perhaps your basement, attic or closets – can be dropped off at the church. For a full list of items that can be accepted and also, those that cannot, visit the church's website at www.fccol.org and click on White Elephant Sale and then Intake List.

Garage, tag and rummage sales may be every day affairs, but few – if any – can match the size and color of this one. The sale items are organized into some 24 departments that fill the church buildings as well as every available space on the lawn. The WES has grown so large that it has become a true "community event" since many of the donations are from non-church members and a significant number of the volunteers are also from outside the church.

The sale raises money – almost \$70,000 in 2015 – for missions and good works both locally and throughout the world. Some of the beneficiaries include food pantries, health organizations, family support centers, children's programs, literacy volunteers, affordable housing, and disaster relief worldwide.

Mark your calendars now for the dates of this year's sale. Intake begins on Thursday, June 23, and runs daily from 9 am to 2



The crowds eagerly await the first strike of 9 am when the White Elephant Sale begins.

pm through Friday, July 1. There will also be three evening intake sessions from 6 to 8 pm on Thursday, June 23, Tuesday, June 28, and Thursday, June 30.

The sale itself will be held on Friday, July 8, from 9 am to 2 pm and Saturday, July 9, from 8 am to 12 pm. Most departments offer items at half-price on the second day.

For more information about the sale or if you would like to volunteer to help in any capacity – whether with intake, the sale itself, or clean-up – call the church office at (860) 434-8686. See you at The Sale!

Vitals

Believe it or not Summer is just around the corner! Your Old Lyme Emergency Medical Service (OLEMS) would like to see you and your children enjoy the sun and fun in as safe an atmosphere as possible. To that end, here are some VITAL safety tips with respect to the young ones of our community:

Fireworks Safety

- Fireworks can result in severe burns, blindness, scars, and even death.
- Fireworks that are often thought to be safe, such as sparklers, can reach temperatures above 1000 degrees Fahrenheit, and can burn users and bystanders.
- Families should attend community fireworks displays run by professionals rather than using fireworks at home.
- The AAP recommends prohibiting public sale of all fireworks, including those by mail or the Internet.

Bug Safety

- Don't use scented soaps, perfumes or hair sprays on your child.
- Avoid areas where insects nest or congregate, such as stagnant pools of water, uncovered foods and gardens where flowers are in bloom.
- Avoid dressing your child in clothing with bright colors or flowery prints.
- To remove a visible stinger from skin, gently back it out by scraping it with a credit card or your fingernail.
- Combination sunscreen/insect repellent products should be avoided because sunscreen needs to be reapplied every two hours, but the insect repellent should not be reapplied.
- Use insect repellents containing DEET when needed to prevent insect-related diseases. Ticks can transmit Lyme Disease, and mosquitoes can transmit West Nile, Chikungunya Virus and other viruses.
- The current AAP and CDC recommendation for children older than 2 months of age is to use 10% to 30% DEET. DEET should not be used on children younger than 2 months of age.
- The effectiveness is similar for 10% to 30% DEET but the duration of effect varies. Ten percent DEET provides protection for about 2 hours, and 30% protects for about 5 hours. Choose the lowest concentration that will provide the required length of coverage.
- The concentration of DEET varies significantly from product to product, so read the label of any product you purchase. Children should wash off repellents when they return indoors.
- As an alternative to DEET, picaridin has become available in the U.S. in concentrations of 5% to 10%.
- When outside in the evenings or other times when there are a lot of mosquitoes present, cover up with long sleeved shirts, pants and socks to prevent bites.

Playground Safety

- The playground should have safety-tested mats or loose-fill materials (shredded rubber, sand, wood chips, or bark) maintained to a depth of at least 9 inches (6 inches for shredded rubber). The protective surface should be installed at least 6 feet (more for swings and slides) in all directions from the equipment.
- Equipment should be carefully maintained. Open "S" hooks or protruding bolt ends can be hazardous.
- Swing seats should be made of soft materials such as rubber, plastic or canvas.
- Make sure children cannot reach any moving parts that might pinch or trap any body part.
- Never attach – or allow children to attach – ropes, jump ropes, leashes, or similar items to play equipment; children can strangle on these. If you see something tied to the playground, remove it or call the playground operator to remove it.
- Make sure your children remove helmets and anything looped around their necks.
- Metal, rubber and plastic products can get very hot in the summer, especially under direct sun.
- Make sure slides are cool to prevent children's legs from getting burned.
- Do not allow children to play barefoot on the playground.
- Parents should supervise children on play equipment to make sure they are safe.
- Parents should never purchase a home trampoline or allow children to use a home trampoline because of the risk of serious injury even when supervised.
- Surrounding trampoline netting offers a false sense of security and does not prevent many trampoline-related injuries
- If children are jumping on a trampoline, they should be supervised by a responsible adult, and only one child should be on the trampoline at a time; 75% of trampoline injuries occur when more than one person is jumping at a time.

Bicycle Safety

- A helmet protects your child from serious injury, and should always be worn. And remember, wearing a helmet at all times helps children develop the helmet habit.
- Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many injuries happen in driveways, on sidewalks, and on bike paths, not just on streets. Children learn best by observing you. Set the example: Whenever you ride, put on your helmet.
- When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.
- A helmet should be worn so that it is level on the head and covers the forehead, not tipped forward or backwards. The strap should be securely fastened with about 2 fingers able to fit between chin and strap. The helmet should be snug on the head, but not overly tight. Skin should move with the helmet

Continued on page 33

when moved side to side. If needed, the helmet's sizing pads can help improve the fit.

- Do not push your child to ride a 2-wheeled bike without training wheels until he or she is ready. Consider the child's coordination and desire to learn to ride. Stick with coaster (foot) brakes until your child is older and more experienced for hand brakes. Consider a balance bike with no pedals for young children to learn riding skills.
- Take your child with you when you shop for the bike, so that he or she can try it out. The value of a properly fitted bike far outweighs the value of surprising your child with a new one. Buy a bike that is the right size, not one your child has to "grow into." Oversized bikes are especially dangerous.

Skateboard, Scooter, In-Line Skating and Heelys Safety

- All skateboarders and scooter-riders should wear protective gear; helmets are particularly important for preventing and minimizing head injuries. Riders should wear helmets that meet ASTM or other approved safety standards, and that are specifically designed to reduce the effects of skating hazards.
- Communities should continue to develop skateboard parks, which are more likely to be monitored for safety than ramps and jumps constructed by children at home.
- While in-line skating or using Heelys, only skate on designated paths or rinks and not in the street.
- Most injuries occur due to falls. Inexperienced riders should only ride as fast as they can comfortably slow down, and they should practice falling on grass or other soft surfaces. Before riding, skateboarders should survey the riding terrain for obstacles such as potholes, rocks, or any debris. Protective wrist, elbow and kneepads should be worn.
- Children should never ride skateboards or scooters in or near moving traffic.
- Riders should never skate alone. Children under the age of eight should be closely supervised at all times.

All-Terrain Vehicles

- Children who are too young to have a driver's license should not be allowed to operate or ride off-road vehicles. Children are involved in about 30 percent of all ATV-related deaths and emergency room-treated injuries.
- Because their nervous systems and judgment have not fully developed, off-road vehicles are particularly dangerous for children younger than 16 years.
- Don't ride double. Passengers are frequently injured when riding ATVs. Most ATVs are designed to carry only one person: the driver. Passengers can make ATVs unstable and difficult to control.
- All ATV riders should take a hands-on safety training course.

- All riders should wear helmets, eye protection, sturdy shoes (no flip-flops), and protective, reflective clothing. Appropriate helmets are those designed for motorcycle (not bicycle) use, and should include safety visors/face shields for eye protection. Wearing a helmet may prevent or reduce the severity of these injuries.
- ATVs lack the common safety equipment found on all cars and trucks that are designed for street use. ATV tires are not designed to grip on pavement, so operators should not ride on paved roads. Parents should never permit nighttime riding or street use of off-road vehicles.
- Flags, reflectors and lights should be used to make vehicles more visible.
- Drivers of recreational vehicles should not drive while under the influence of alcohol, drugs or even some prescription medicines. Parents should set an example for their children in this regard.
- Young drivers should be discouraged from on-road riding of any 2-wheeled motorized cycle, even when they are able to be licensed to do so, because they are inherently more dangerous than passenger cars.

Lawn Mower Safety

- Only use a mower with a control that stops the mower blade from moving if the handle is let go.
- Children younger than 16 years should not be allowed to use ride-on mowers. Children younger than 12 years should not use walk-behind mowers.
- Make sure that sturdy shoes are worn while mowing.
- Prevent injuries from flying objects, such as stones or toys, by picking up objects from the lawn before mowing begins. Have anyone who uses a mower wear hearing and eye protection.
- Do not pull the mower backward or mow in reverse unless absolutely necessary, and carefully look for children behind you when you mow in reverse.
- Always turn off the mower and wait for the blades to stop completely before removing the grass catcher, unclogging the discharge chute, or crossing gravel paths, roads, or other areas.
- Do not allow children to ride as passengers on ride-on mowers.
- Keep children out of the yard while mowing.
- Drive up and down slopes, not across to prevent mower rollover.
- Keep guards, shields, switches, and safety devices in proper working order at all times.
- If children must be in the vicinity of running lawnmowers, they should wear polycarbonate protective eye wear at all times.

The aforementioned provided by the American Academy of Pediatrics, June 2015

Wishing you good health.

John J. Cody M.Ed., EMR,
Old Lyme Volunteer Ambulance Service

Lymes' Senior Center Trips

Open to Seniors 55 and over. Call (860)434-1605 ext. 240 for information on these upcoming trips. When registering for any of the trips listed below, you can sign up yourself and one other adult only. Payment is due upon registration. Please stop by the Senior Center office.

Day Trips

Saturday, April 30th: New York City on your own. Bus leaves Old Lyme at 8 am and leaves NYC at 7:30 pm. Trip fee is \$48pp. Registration has begun. No meal included in trip price. Lots of walking.

Wednesday, May 11th: Join us for a production of **"Happy Days"** at the Westchester Broadway Theatre in Elmsford, NY. Lunch included. Trip fee is \$97pp. Registration began February 1st. Minimal walking.

Saturday, May 21st: Guided tour of Brighton Beach, **"Little Russia"** and free time at Coney Island. Lunch included. Trip fee is \$98pp. Registration began February 1st. Moderate walking.

Soon To Be Scheduled Day Trips

June

Boston Museum of Science - June 7th

Newport Flower Show - June 24th

July

Long Island Wineries

River Rose Cruise- July 12th

August

Hornblower Cruise- August 7th

Stageloft Theater

September

Revolutionary Day, Boston, MA- September 14th

Big E- September 21st

October

Boston Free Time - October 1st

Jack O Lantern

* For more information about these trips as they develop visit us online at <http://seniorcenterct.org/lyme-old-lyme/trips/>

Overnight Trips/ Cruises

June 6-19: Fully escorted **Alaska Land & Cruise**, six nights Land Tour & seven night Cruise aboard the Holland American "Zaandam." Starting at \$4,434pp with port and government taxes included. Registration has begun.

August 27 - September 13: Trans/Atlantic Cruise with flight and motorcoach included aboard the Royal Caribbean's "Serenade of the Seas." 18 days. Starting at \$3,136pp with port and government taxes included. Registration has begun.

NEW TRIP. October 9-11: "Samson" at the Sight & Sound Millennium Theater in Lancaster, PA. Two night stay at the Double Tree by Hilton hotel. Free time at Longwoods Garden and Philadelphia included. \$467pp double, \$429pp triple, \$557pp single. Registration has begun.

October 30 - November 11: Escorted Caribbean Cruise aboard the Royal Caribbean "Serenade of the Seas." Fly out of Boston and return from Fort Lauderdale. 12 nights. Starting at \$2,027 with port and government taxes included. Registration has begun.

Harbor Management Commission: Dredging Update

The Town of Old Lyme's waterway dredging project shifted in late January from the Four Mile River to the Black Hall River.

The dredge company, Patriot Marine of Boston, plans to employ two dredge units at a time on the Black Hall in order to make up for work days lost due to high winds and waves.

Due to the low-lying Amtrak rail bridge, the Four Mile project was unusually challenging and labor-intensive. The general contractor for the dredge operations, working on behalf of the Town of Old Lyme and its Harbor Management Commission, is Coastline Consulting of Branford.

Permitted by CT DEEP (Department of Energy and Environmental Protection) and the federal Army Corps of

Engineers, the dredge projects are designed for environmental protection – improved water flow prevents stagnation and collapse of the salt marshes – and safer navigation at all tidal levels.

It is expected that users from all over the state – boaters, kayakers, those that fish and crab and bird – and the three marina owners will benefit from these infrastructure improvements.

With 100% Grant financing from the CT Dept. of Transportation, the dredging of the two rivers is taking place at no cost to the Town of Old Lyme.

Steven A. Ross, HMC Chairman
Ned Farman, HMC Vice-Chairman

New Buses Arrive for Transit District



9 Town Transit welcomed four new buses into its fleet this December. The new buses feature the bright blue and green design and offer the latest in passenger comforts. These buses will expand the district's fleet to accommodate its tremendous growth in ridership over the past several years. The total cost of \$337,708 was paid for by the Federal Transit Administration and Connecticut Department of Transportation.

Additional information, route maps and schedules are available online at www.9towntransit.com or by calling 9 Town Transit at 860-510-0429.

Photo by Estuary Transit District: 9 Town Transit board members Leslie Strauss and John Forbis show off the agencies newest buses.

The Old Lyme-Lyme Volunteer Connection

Find A Way to Get Involved In Your Community This Spring

Now that the winter months have passed, take the opportunity to learn new skills by joining one of the various non-profit and government agencies listed with Old Lyme-Lyme Volunteer Connection. Many of these organizations have openings for volunteers ranging from hanging exhibitions with the Lyme Art Association to training as an EMT, an EMR, or a driver for the Lyme Ambulance Association. Similarly, the Lymes' Youth Service Bureau, an agency devoted to promoting the positive development of children and families, currently seeks

volunteers to assist staff with games, crafts, and activities during its afterschool programs. In addition, several positions, such as alumni association assistant and community messenger, are available at the Lyme Academy College Of Fine Arts. Not to mention, boards and committees frequently have open positions in addition to the opportunities listed here.

The Volunteer Connection is a free online resource for the members of the communities of Old Lyme and Lyme that lists opportunities for thirty agencies

that are in need of volunteers. Some of the newest organizations on our website are the MusicNow Foundation, as well as Musical Masterworks. The goal of the Volunteer Connection is to become as comprehensive of a resource as possible for organizations located in or providing services to the towns of Old Lyme and Lyme. If you are the leader of an organization that would like to participate, contact Sophie Christiano, the high school student who manages and administrates this website, at ollvolunteer@gmail.com.

News From The Registrars Of Voters

The year 2016 is an important year for voters:

Presidential Preference Primary (April 26, 2016); State Senator and State Representative Primary (August 9, 2016); Presidential Election (November 8, 2016).

For that reason, we want to remind you to register to vote in advance or to update your information with a new address or change of name, for example.

A link to online voter registration and a link to the Secretary of the State's Voter Lookup Tool, is available on the registrars' webpage on the Town website.

The Voter Lookup Tool allows you to look up your own information and confirm that your address on file is current as well as party affiliation.

Remember that Connecticut only allows enrolled members of the major party to vote in Presidential and State Primaries.

If you are 17 years old and will turn age 18 on or before Election Day, you can register to vote and can participate in a primary. This means, if your birthday is on or before November 8, 1998, you may register to vote in this year's Primaries and Election.

Voter Registration forms for in-person registration are available at the Town Hall, either from the Registrars of Voters or from the Town Clerk.

Sylvia Peterson, Democrat Registrar of Voters
Donald Tapper, Republican Registrar of Voters

Rogers Lake Authority News

The Rogers Lake Authority deploys a patrol boat on Rogers Lake for 30 hours a week during the summer months to promote safe activities on the lake. We are asking for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website: http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake/index?textPage=1. Click on "Report Boating Violation." Thank you for your assistance.

The Rogers Lake Authority will sponsor a combination safe boating/personal watercraft course in April 2016. The course is open to the public and any age group. After successfully completing the eight-hour course, you will receive a Connecticut Certificate of Personal Watercraft Operation that enables you to operate recreational vessels up to 65 feet in length including Jet Skis. Your certificate never expires and is recognized in all states. The typical cost of the course is \$125, but the RLA has arranged a special price of \$100 for this session to be held at the Rogers Lake West Shores Association clubhouse sometime in April. If you are interested in taking this course, please contact Mike Sicord at 860-227-3282.

(If there is room, include the Word file "Rogers Lake Signage.doc", if not try to include the following.)

WANTED: Safe Boaters on Rogers Lake.

6 MPH SPEED LIMIT. Before 10 am and after sunset and within 100 feet of shore, rafts or other boats.

JET SKIS. Only allowed 10 am to 6 pm weekdays and 7 pm weekends. Wakeless speed (6 mph) within 200 feet of shore, rafts or other boats.

Ruth Ann Heller Music Foundation

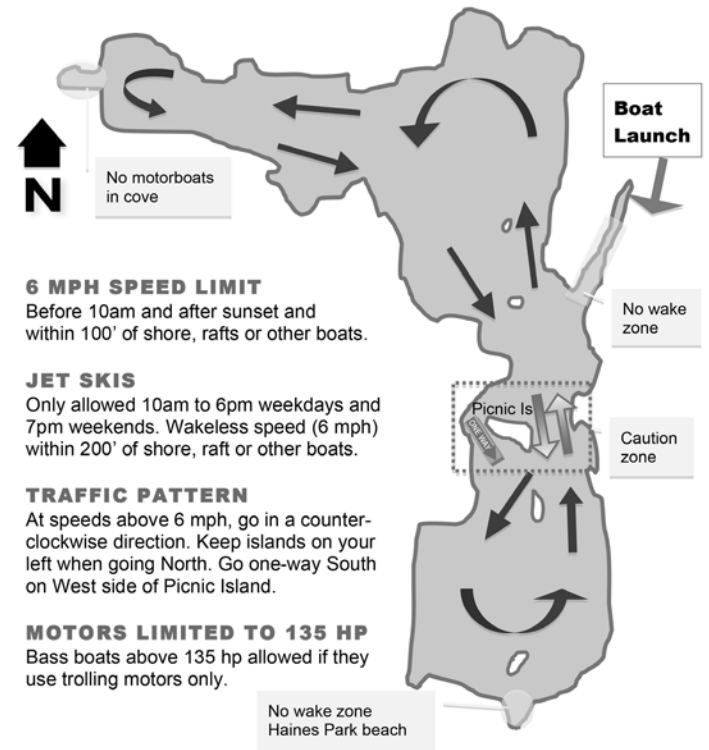
The Ruth Ann Heller Music Foundation awards scholarships for private music lessons to students participating in the Lyme-Old Lyme High School and Middle School band programs. Since 2001 it has awarded 268 scholarships.

All cultures across the world incorporate a musical flavor in their citizens' lives, and our communities have a rich history of successful graduates from our schools' music programs. Ruth Ann Heller and her dedicated successors, Carrie Wind and Jay Wilson, have taken many a student under their wing and nudged them along a more confident path by nurturing musical success.

This year's recipients at the Lyme-Old Lyme Middle School are: Michael Degaetano, Elizabeth Duddy, Corah Engdall, Shawn Grenier, Sophia Griswold, Jeffy Joshy, Nevin Joshy, Nikolai Stephens-Zumbaum and Avery Wyman. Lyme-Old Lyme High School recipients are: Samantha Barretta, Adam Czarnecki

WANTED!

Safe Boaters on Rogers Lake



TRAFFIC PATTERN. At speeds above 6 mph, go in a counterclockwise direction. Keep islands on your left when going North. Go one-way South on West side of Picnic Island.

(the Michael Rennhard Scholarship), Rose Datum, Emily Grenier (the Stephen D. Crites Scholarship), Colin Hallahan, David Kuhn, Hannah Morrison, Emily Tan, Marieke Warlitz, Caroline Wholean, And Erik Zawodniak (the Doc Mirliani Scholarship).

The Ruth Ann Heller Music Foundation is a non-profit organization that donates 100% of its donors' contributions for scholarships. Donations to the RAHMF may be sent to P.O. Box 298, Old Lyme CT 06371 or visit its website at RAHMF.org to donate using Paypal.

Recent new members to the Board of Trustees are Jane Bugbee, Hilarie Clark Moore and Stephanie Lombardo. If you are interested in becoming a trustee for the Foundation, please contact us at the above address.

Ann Lander, Secretary

River Valley Council of Governments



More and more, people are becoming interested in where their food comes from and how to support their local farmers. And more and more, they seek to find the freshest food around for their families.

Did you know that there are almost 75 farms in Middlesex County alone!? Ever wonder if there was an easier way to find the farms, learn about what products they sell and find the best times to visit?

The Lower Connecticut River Valley Council of Governments Regional Agriculture Council – the first formed in the state – has taken a step that will make it easier to find where to buy such fresh food!

Using an “Ag Viability” grant provided by the Connecticut Department of Agriculture, the Regional Ag Council has launched a website titled “Know Your Farmers” in an effort to introduce many of the farms and farmers from Middlesex County to the public. The public will be able to search for fresh food by town, by farm and by product. The website will also provide notices of events occurring at our local farms and will include a page sharing of recipes. The Ag Council, whose members are all local farmers themselves, will include a “Farm of the Month” which will tell the story of a farm and the people who pour their blood, sweat and tears into the land.

The mobile-friendly website will allow you to search out just the right farm and products to support your efforts to support your local farmers! Go to <http://www.ctrivervalleyfarmers.org> at your desktop, on your tablet or on your Smartphone and start exploring! To learn more about the RiverCOG Regional Ag Council, go to <http://www.rivercog.org/agriculturecouncil>.

Trash and Recycling

Curbside trash removal is performed by Old Lyme Sanitation (860-434-3800). There is **no trash pick-up on the following Holidays:** Christmas (December 25), New Year’s (January 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. Please be advised that Old Lyme Sanitation DOES NOT observe the same Holiday schedule as the Town.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. **Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Phone Michele Hayes (860-434-1605, ext. 212) with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town’s website (www.oldlyme-ct.gov) – click the trash and recycling link on the Selectman’s or Public Works pages or at www.shorelinesanitation.com. Information is also

available in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes (860-434-1605, ext. 212) with any additional questions you may have.

Curbside recycling is performed **every other week** by Old Lyme Sanitation (860-434-3800). There is **no recycling pick-up on the following Holidays:** Christmas Day (December 25), New Year’s (January 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town’s website (www.oldlyme-ct.gov), as well as in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. **Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Phone Michele Hayes (860-434-1605, ext. 212) with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes (860-434-1605, ext. 212) in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. **Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.**

Open Space Commission

Mapping And Trail Marking Complete

Old Lyme has four protected Open Space properties with substantial trail systems open to the public. We have long wanted to update the 2006 booklet "Hiking Trails and Land Preservation, Old Lyme, Connecticut" put out by the Conservation Commission and Old Lyme Conservation Trust (now OLLT). Due primarily to the work of Open Space Commission member George James, our trails have expanded and are getting more use.

When Commission members started focusing on this project, we were committed to another booklet. How times have changed in just a few years. The booklet has changed from print on paper to GIS on the web. We've saved an incredible amount of money and the maps and open space are accessible to anyone with an internet connection and a computer, mobile phone or other electronic device.

www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/open_space. They include the Deborah & Edward Ames Open Space (220 acres), Bartholomew Open Space (105 acres), Champlain North (65 acres), and Champlain South (204 acres).

In addition, all the trails on these maps have been freshly marked by our new Land Steward, Lisa Niccolai. The kiosks are being updated and contain larger versions of these maps.

We will next be working on descriptions of the points of interest, history, plants and wildlife that will be posted online and at the entrance kiosks. If you can add to our knowledge of these parcels or have other suggestions, please contact the Chair at the address below. If you'd like to join our commission send that information along too.

Chairman Diana Atwood Johnson at dianaajohnson@me.com

Town Clerk's Office

Eileen K. Coffee, Town Clerk

Vicki Urbowicz, Assistant Town Clerk

Congratulations

We congratulate the following on their recent marriages:

October

Joshua Matthew Hirt & Katherine Merrill Henderson

Ronald Lee Iverson & Jolene Bates

Michael Joseph Albinski & Sabrina Marie Moltke

Justin T. Krajewski & Merideth L. Tyler

Jonathan Alan Borysiewicz & Maribeth Meghan Chassey

Christopher Gregory Stone & Ann Marie Smith

Robert James Kliegl & Nicole Sanford Brady

Matthew John Bachinski & Jessica Lynn Williams

Thomas Christopher Fitzgerald & Melissa Paige Sipos

Thomas John Flanigan & Elizabeth Kate Parsons

James Edward Miller & Justine E. O'Reilly

Robert Vincent Pantalone & Ashley Nicole French

November

Richard Michael Redzep & Lauren Linda DiGiorgi

Christopher Eldon Yenco & Tonya Rose Mammone

Christopher James Brown & Jennifer Jean Stillman

Kevin Mark Parker & Donna Marie Kevorkian

Kevin Lucas O'Connor & Brittany Alyssa Mead

Timothy Charles Gonzales & Lucinda Marie Soares

December

Ryan Patrick Johnson & Susan Elizabeth Quish

James Francis Wood & Danielle Lyn Defeo

Carmen Phillip Saglimbeni & Heather Kathryn Skiles

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

October

Joseph Frank Lisitano, Sr.

Maria Anna Papendick

Ralph Rodriguez

Charles Victor Clark

November

Nancy Elizabeth Terpenning

June Froggatt

Gail Albino Winter

Leonard Green

Gloria J. Pendleton

Owen F. Peagler

December

Naomi S. Arnold

John Devereux Byron

Muriel Marguerite Rees

Cecily C. Corsino

Shirley W. Talcott

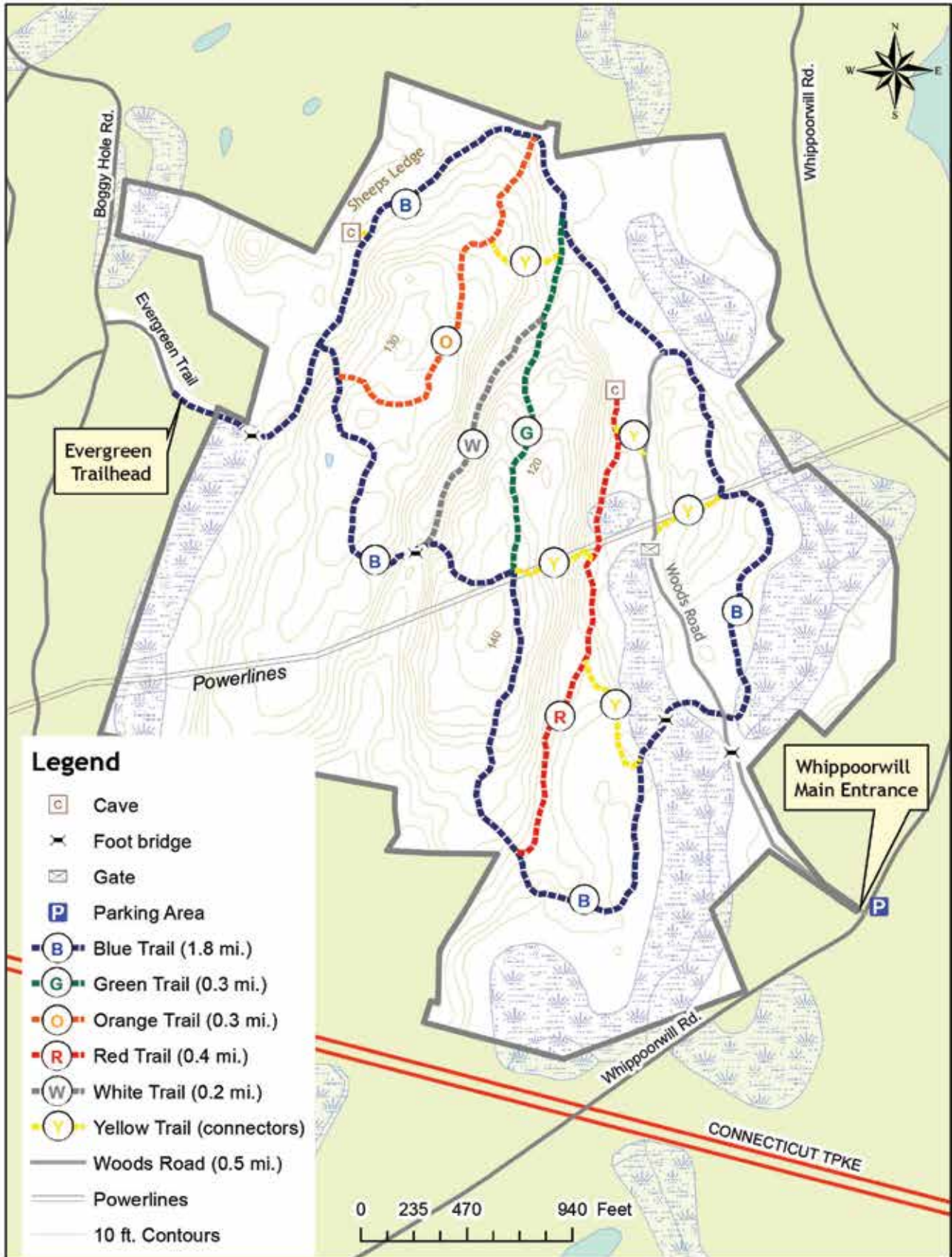
James Michael Tripp

Angus L. McDonald





Town of Old Lyme Deborah & Edward Ames Open Space (220 Acres) 103 Whippoorwill Road



Musical Masterworks

Saturday, March 12 at 5 pm
Sunday, March 13 at 3 pm

Musical Masterworks 25th Anniversary Season continues in March with their Young People's Concert at 11:30 am on March 12. This is a one-hour fun and interactive program designed to introduce young people to all that is unique and beautiful about chamber music. Then at 5 pm on March 12th and at 3 pm on March 13th Musical Masterworks will feature the versatile and brilliant pianist, composer, and host of NPR's acclaimed program "From the Top," Christopher O'Riley, along with violinist, Tessa Lark, who has enchanted Musical Masterworks audiences with her incredible virtuosity and charm. Christopher and Tessa will join Edward Arron in a diverse program spanning four centuries – from Bach to Dvorák and Ravel, to Arvo Pärt and O'Riley!

Christopher O'Riley, piano. Edward Arron, cello. Tessa Lark, violin.

J.S. Bach *Preludio* from Partita in E Major for Solo Violin, BWV 1006

Arvo Pärt *Fratres* for Cello and Piano (1977)



Christopher O'Riley, host of NPR's acclaimed program "From the Top."



Edward Arron with pianist (and wife!) Jeewon Park. Photo by Hak-Soo Kim.

Ravel Sonata in G Major for Violin and Piano

Mark Kozelek (arr. Christopher O'Riley) *Sun Kil Moon* Suite for Piano Trio (2016)

Dvořák Piano Trio in f minor, Opus 65

Smarter Appointments Now Available at Shoreline Medical Center

Why spend your time in the ER waiting room when you could be waiting in the comfort of your own home instead?

The new, innovative SmartER appointment system provides easier access to the Shoreline Medical Center Emergency Department – letting you schedule your ER visit for non-life threatening emergencies up to eight hours in advance.

Town Hours & Holiday Schedule

Town Hall will be closed on the following Holidays in 2016:

Friday, March 25 – Good Friday
Monday, May 30 – Memorial Day

Hours for most departments: Monday through Friday, 9:00 am – 4:00 pm.

According to Michael Saxe, M.D., Chair of the Department of Emergency Medicine at Middlesex Hospital, "With people's often hectic schedules, making an appointment on the SmartER website can improve convenience, help reduce waiting time in the Emergency Department, and allow patients quicker access to medical care for non-emergency injuries or illnesses, once they arrive."

Some examples of non-life threatening emergencies include sore throat, earaches, minor cuts, minor strains or sprains, mild diarrhea, or sports injuries. For any medical problem that is life threatening, dial 911 immediately.

To schedule a SmartER appointment, go to www.middlesexhospital.org/smartER.

The Middlesex Hospital Shoreline Medical Center Emergency Department is located at 250 Flat Rock Place in Westbrook and provides care 24 hours a day, seven days a week.

Florence Griswold Museum

Ten/Forty: Collecting American Art at the Florence Griswold Museum, on view February 12 through May 29 commemorates the fortieth anniversary of Jeffrey Andersen's tenure as Director of the Museum, and the tenth anniversary of Curator Amy Kurtz Lansing.

The over 80 objects on view in *Ten/Forty* are the account of how a local historic house, loved by visitors, members, and the community alike, becomes, through thoughtful stewardship by trustees and staff, a leading regional museum of American art. Many of the stories behind the paintings, works on paper, photos, and artifacts tell of deeply personal and emotional connections to the Museum and its mission. Through narrative and first-person accounts sown among object labels, visitors understand the dedication of the Museum's supporters. Ippy Patterson, the great niece of artist Mary Knollenberg, donated the sculpture *Dora Washington* to the Museum following an exhibition of Knollenberg's work in 2014. She describes the feeling of turning over a piece of her personal history, "I knew that an iconic force would be leaving my daily life but now – a dream come true – countless others would have the opportunity to experience the power of Mary's work."

Visit www.FlorenceGriswoldMuseum.org for more information.



The Museum's current exhibition celebrates the leadership of Jeffrey Andersen and Amy Kurtz Lansing. Photo: Sean Flynn.



On view in the *Ten/Forty* exhibition, the moody and noirish *Dawn, Sandy Hook, Connecticut*, ca. 1933 by Martin Lewis, a recent acquisition that helps to expand the Museum's collection of Regionalist and Social Realist paintings from the 1930s to the 1950s.

Triangle Building Associates Inc.

Carpenters  Builders

General Contractor
Remodeling Projects
Complete Additions
Custom Homes

ESSEX, CT
860-767-1272
email: trisquare2010@att.net

NH Lic#0003590 HIC Lic# 0556517 Suffolk Cty NY Lic# 41997-H



WE HELP YOUR TREES WEATHER THE STORM.

We're Bartlett Tree Experts, a 100+ year old tree and shrub care company with global reach and local roots. We protect your property by giving you expert, attentive service, a safety-first record and a range of weather damage services that include:

- Emergency Tree Services
- Pre-Storm Strategies, Including Pruning and Cabling & Bracing
- In-Depth Post-Storm Hazard & Damage Analyses

BARTLETT TREE EXPERTS
FOR THE LIFE OF YOUR TREES.

Call us at 860.767.1752 or visit BARTLETT.COM

Christy Laurence Realty LLC

Since 1985

P.O. Box 4022 ~ Old Lyme, CT 06371



Christy Laurence
Real Estate Broker

GRI, ABR, CIPS, AHWD, EPRO

mobile 860.235.0104

fax 860.434.1371

email Christy@christylaurence.com

web ChristyLaurence.com

*Your Personal
and Family Realtor
for Life*



Friends Of Music

Lyme-Old Lyme High School Music Ensembles To Represent Connecticut at 2016 Pearl Harbor Commemoration



On December 7, 2016, high school bands and choruses from the United States and Japan will gather in Hawaii to perform at ceremonies marking the 75th anniversary of the bombing of Pearl Harbor and the beginning of United States involvement in World War II. Among those school groups will be 105 members of the Lyme-Old Lyme High School Band and Chorus, the only school in Connecticut – and one of two from New England – to be participating in the event.

These student musicians will perform together at the Battleship Missouri, a World-War II-era ship that was engaged in the battles of Iwo Jima and Okinawa. It was on the Missouri, in Tokyo Bay in September 1945, that the papers of surrender were signed by representatives of the Allied and Axis powers – formally ending World War II. The Missouri is now docked in Pearl Harbor as a permanent memorial and museum, providing a fitting bookend to the story of the bombing on December 7, 1941, that launched US involvement in the war.

LOLHS Chorus and Band members, along with Choral Director Kristine Pekar and Band Director Jacob Wilson, are busy preparing for this performance, which will demonstrate how cultures once



opposed can come together to present a musical gift to the world.

There is a substantial cost for this trip, and members of Friends of Music – Lyme/Old Lyme are busy working to raise funds to help defray the expense of sending our student musicians to this historic event. Projects under way at this time are the sale of gift cards from Stop & Shop and various other online and storefront retailers (a percentage of each card sold will go to Friends of Music); an online auction; a 5K road race (the “Hawaii 5.0” 5K) this summer; and a large tag sale, among others. Private and corporate donations will also be gratefully accepted. Information on each of these projects can be found on the Friends of Music website, www.FriendsofMusicLOL.org. For more information, please e-mail friendsofmusiclol@gmail.com. As a registered 501(c)(3) nonprofit organization, Friends of Music can accept matching funds from employers.

SHORELINE PERIODONTICS PC



Dr. Gregory Toback

is pleased to welcome

Dr. Marianne Urbanski



“Our practice is committed to providing patients with state-of-the-art treatment for all forms of periodontal disease in a comfortable and caring environment.”

**Dental Implants
Laser Gum Surgery
Esthetic Gum Surgery**

Free Implant Consultations

NEW LONDON, CONNECTICUT
190 Hempstead St
New London, CT 06320
860-443-2428



www.shorelineperio.com

30th Anniversary of Midsummer Festival Share Your Memories with Us



Send us your photos & memories!

Did you know that 2016 marks the 30th Anniversary of the Old Lyme Midsummer Festival?

Mark your calendars – July 29 and 30 – for this very special celebration!

The Midsummer Festival began with just a few neighbors — the Lyme Academy, the Old Lyme Inn, Bee & Thistle, the Lyme Art Association and the Museum itself, partnering together to celebrate the arts in Old Lyme with a mix of music, art exhibitions, and food. Thirty years later our festival has grown in visitation and offerings -- but has always stayed true to its mission of highlighting the culture of our community.

Do you have anecdotes or photographs from past festivals? Do you remember the carousel or old-fashioned lawn games from the early years? Did you attend a Friday night concert in front of Miss Florence's house? The Festival committee will publish a commemorative booklet and would like to include photographs and special memories from years gone by. Please share: Memories@OldLymeMidsummerFestival.com



The American Academy of Pediatric Dentistry recommends children be seen by a Pediatric Dentist by the First Tooth or First Birthday!

Establish your child's dental home now and call us for an appointment!

131 Boston Post Road • East Lyme
860.691.5014

"Creating happy healthy smiles one child at a time."

www.ChildrensDentalNLC.com

PODIATRIST
JOHN T. CARROLL, D.P.M.

We Put Your Feet First..

COMPLETE FOOT CARE

- Sports Medicine
- Surgical Corrections
- Children
- Diabetic Foot Care
- Laser Treatment For Fungal Nails

Certified by the American Board of Podiatric Surgery

860-510-0502
www.jtcarrolldpm.com

Participating in most insurances including:
OBAMACARE, MEDICAID–State, MEDICARE, AETNA

Conveniently located in Saybrook Junction Plaza
455 Boston Post Road, Suite 8
Old Saybrook, CT 06475

High Hopes Happenings

Horse Show Days

Monday, May 16 – Saturday, May 21, High Hopes will host its annual Horse Show Days; a week-long celebration of the High Hopes community, and an opportunity for the public to visit the facility, meet the horses, take a tour and watch participants celebrate their accomplishments. For more information or to volunteer for the event, please contact Ashley Sands 860-434-1974, ext. 121 or asands@highhopestr.org.

Gallop: Dine & Dance to music from the 1920s through present day

On Saturday, June 11, High Hopes' Annual Benefit event, Gallop, will be hosted on its beautiful 120-acre farm. Join High Hopes for what promises to be a galloping good time and enjoy The Sultans playing a variety of music from the 1920s to today! This event, known as one of the best parties in town, benefits the programs and participants of High Hopes' year-round equine assisted therapy programs. For more information, to purchase tickets, or to become a sponsor, please contact Trudy Burgess, 860-434-1974, ext. 123, or tburgess@highhopestr.org.

Summer Equestrian Camp

Registration is open for High Hopes' Annual Summer Equestrian Camp for children ages 3 to 12. Four weekly



High Hopes' Horse Show Days is open to the public, May 16-21.

sessions are scheduled beginning the week of July 11, Monday through Thursday, from 9 am to 1 pm. Campers build and/or develop horsemanship skills both on and off the horse by grooming and tacking their horse each morning in addition to a daily riding lesson. Other activities include gymnastics on horseback, carriage driving, inclusive team-building games and equine arts and crafts. No previous riding experience is necessary. Registration deadline is June 10. Volunteer opportunities also available. Contact Carrina Echeandia, cecheandia@highhopestr.org, 860-434-1974 ext. 118 for more information.

The toughest, easiest to clean carpet on the planet.™

NOW ON SALE

MOHAWK
SmartStrand Silk
FOREVER CLEAN

Enjoy the carpet that offers it all:

- Permanent, built-in stain and soil resistance that never washes or wears off
- Spill protection technology for quick and easy cleanup
- Exceptional durability
- Luxurious softness

Get the best for less... today!



MOHAWK
COLORCENTER

860.399.6161
www.westbrookfloor.com
1275 Boston Post Road
Westbrook, CT 06498

Tuesday - Friday: 9a.m. - 6p.m.
Saturday: 10a.m. - 4 p.m.
Closed Sunday & Monday
Evening Appointments Available

WESTBROOK
FLOOR COVERING

Paint "The Starry Night"

With Vista at the Pub

"The Starry Night" will be the subject of the March 7th Paint Night with Vista at the Pub.

Artists of all abilities can channel famous painter Vincent Van Gogh on Monday, March 7th during Paint Night with Vista at the Pub – a social art class open to the community.

No prior painting experience is required to join the fun. Local artist and Vista staff member Samantha Listorti will guide participants step-by-step as they recreate "The Starry Night," one of Van Gogh's most recognizable works. At the end of the night, participants leave with their finished work.

The class will be held at Penny Lane Pub in Old Saybrook from 6 to 7:30 pm. Cost is \$35 and includes one complimentary glass of wine or beer. Food and drink will be available for purchase throughout the evening. Space is limited. To reserve



a seat, visit www.vistavocational.org or email Amanda Roberts at aroberts@vistavocational.org.

Paint Night with Vista is one of many community arts classes offered by Vista. For more information about arts classes and programming, contact Amanda Roberts at (860) 399-8080.

Lyme Art Association

Contemporary Look, Drawing Attention, Palate to Palette, Urban Landscape. On view: March 4 to April 15. Opening Reception: Sunday, March 13, 1-3 pm. Four exhibitions, each with a different theme, on view in the Association's beautiful historic galleries. Gallery hours are Wednesday through Sunday, 12 pm-5 pm, and by appointment. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme (860) 434-7802; lymeartassociation.org.

95th Annual Elected Artist Exhibition. On view: April 22 to June 3. Opening Reception: Friday, April 29, 5-7 pm. Each spring the Lyme Art Association's Elected Artists display their finest work in the historic building's sky-lit main galleries. Gallery hours are Wednesday through Sunday, 12 pm-5 pm, and by appointment. Admission is free but a \$5 donation is



Contemporary Look:
Sunil Howlader, *Woman in Nature*,
acrylic.



Urban Landscape: Michael Mendel,
West Side Child, watercolor.

suggested. Lyme Art Association, 90 Lyme Street, Old Lyme (860) 434-7802; lymeartassociation.org.

Old Lyme Town Band

The Old Lyme Town Band is welcoming new members for our 2016 season. Join us as we begin our 41st season of community music. Rehearsals for our spring and summer concerts series have begun, and there is still time to join us. All instruments are welcome, but we are in particular need of clarinets, flutes, trombones, tubas, and percussion.

Musicians of all ages and experience level are welcome. Participation may qualify for high school community service requirements, and there is a scholarship opportunity being developed for students continuing their education after high school.

Rehearsals are every Monday evening at Christ the King church in Old Lyme from 7 pm-9 pm. For more information and



concert schedule visit our website, email, or call: OldLymeTownBand.org, OldLymeTownBand@outlook.com, 860-227-7944

Studio 80 + Sculpture Grounds

See "Think Big, Start Small" Exhibition at Studio 80 + Sculpture Grounds

There is a wonderful, new show on display inside the ESB Gallery located on the grounds of Gilbert Boro's Studio 80 + Sculpture Grounds at 80-1 Lyme Street in Old Lyme. *Think Big, Start Small* is an intriguing exhibition, which reflects the process that owner and sculptor Boro follows in order to create his larger-than-life sculptures. More than 80 of these large, abstract sculptures are on permanent display throughout his 4.5 acre beautifully landscaped Sculpture Grounds.

The majority of the small-scale sculptures forming the *Think Big, Start Small* exhibit represent the forerunner of a larger piece, which can be found outside on the grounds. Examples of pieces for which there is both a small and large



'Big' and 'Small' versions of 'Tres Gatos' by Gilbert Boro.

version include Origami, Tres Gatos, Boogie Woogie and Genesis. The smaller sculptures not only offer the opportunity to understand Boro's creative vision when he first conceived the piece but also the complexities and challenges of enlarging it by as much as 10 times in some cases.

From the art buyer's perspective, the smaller pieces offer another advantage in that they represent a more affordable price range than the outsize sculptures. All the pieces outside on the grounds comprising the permanent exhibition, which includes a selection of works by visiting artists, as well as the pieces in *Think Big, Start Small*, are for sale.

The exhibition also includes a number of original paintings by Bryan Gorneau, who trained at Lyme Academy College of Fine Arts and now serves as the Studio Manager and resident artist at Studio 80 + Sculpture Grounds.

Boro has been deeply involved in the arts for more than 50 years enjoying an extraordinary and distinguished career as a professional architect, educator and international design consultant, but through it all he has been a sculptor. He has degrees from Duke and Columbia

Continued on page 47



Catering at the Essex Corinthian Yacht Club
or Your Preferred Setting

RESERVE NOW for 2016

Parties, Business Events, Birthdays,
Weddings, Bridal Showers,
Rehearsal Dinners, Graduations

**We create a menu with your taste,
theme and budget in mind**

Call Monique for a FREE consultation

860-501-5036

monique@coastalcookingcompany.com
9 Novelty Lane, Essex, CT 06426

STUDIO 80 + SCULPTURE GROUNDS...continued from page 46

Universities and has also received a wide range of fellowships and awards. His work has been exhibited in galleries, art centers and public art venues across the US and throughout Europe and also purchased by private collectors, corporations and foundations.

Think Big, Start Small is open Monday to Friday from 9 am to 5 pm and the ongoing outdoor exhibition, which features over 120 sculptures including works by a number of visiting artists as well as Boro's own work, is open daily from 9 am to 5 pm. Admission is free and all ages are welcome.

Contact us at 860.434.5957 or visit our website at www.gilbertboro.com to sign up for our newsletters and view a listing of our special events throughout the year.

Spring Into Oregon Wines

Spring into warmer weather with light, bright and savory wines from Oregon. Oregon produces several different styles of light and refreshing whites. Chardonnay, Gewürztraminer, Riesling and Pinot Gris are the most widely grown varietals. One of the most sought after, Pinot Gris, is the same as the Italian Pinot Grigio grape, however from Oregon it tends to have more body with the same great acidity. The Rieslings are fruity with a slightly sweet edge to them. Due to the cooler climate, most of them tend to have a bit more acidity in the finish which makes them pair nicely with spicy dishes.

The top producing red varietal from Oregon is by far Pinot Noir, followed by Gamay Noir. The cool climate is the ideal condition to grow Pinot Noir, much like its birthplace in Burgundy, France. This varietal brought notoriety to Oregon in the mid-seventies from wine lovers all over the world, though they have been producing other varietals since the mid-late 19th century. Pinot Noir has complex flavors while showing a light body and occasionally an earthy finish. The flavors most often noted are cherry/black cherry and blackberry. Due to its complexity Pinot Noir can be enjoyed with a wide variety of food choices spanning from light appetizers to heavier fare and meat dishes.

Prepare your palate for the warmer days ahead by venturing out and trying a few of these savory, mouth-watering wines from the west coast. They will be sure to please both you and your guests!

Art LiPuma
Manager, SeaSide Wine & Spirits & Spirits of Madison

To download previous issues of *Old Lyme Events*
visit www.eventsmagazines.com
and download the issue you desire!

COLDWELL BANKER
RESIDENTIAL BROKERAGE

PROVEN results in EVERY market!  Nancy Mesham
(860) 227-9071



101 Lyme Street, Old Lyme \$799,000
Great character. Remarkable open plan. Village perfection.



54 Hickory, Old Lyme \$489,000
Year round perfection on the lake!



3 Holly, Old Lyme \$389,900
Meticulous, updated one-owner home.



12 RiverBend, Old Lyme \$1,299,000
Stunning and updated! Pool complex & assn. tennis!



83 Norwich Salem, Lyme \$439,900
Attn hobbyists! 1st floor living & 5 bay garage!



16 Sandpiper Point, Old Lyme \$1,350,000
Take a look! Efficient, engineered perfection. Simply stunning!

Old Lyme Office | PO Box 509/86 Halls Road | Old Lyme, CT 06371
860.227.9071 | ColdwellBankerHomes.com



COLDWELL BANKER

RESIDENTIAL BROKERAGE



Susie Kelly



Vivian Senft



Beth Cote



Terry Kemper



Evan Griswold



Bob Doyen



Jackie Nowell



Linda Marsh



Mary McDonald



Nancy Mesham



Jodi Strycharz



Laurie Walker



Lynn Bocian



Julia Rathkey



Juliet Rutigliano



Martha Quaratella



Tammy Tinnerello



Peg Amata



Susan Bement



Connie Anderson



Terry Kennedy



Heather Graybill



Anne Astley



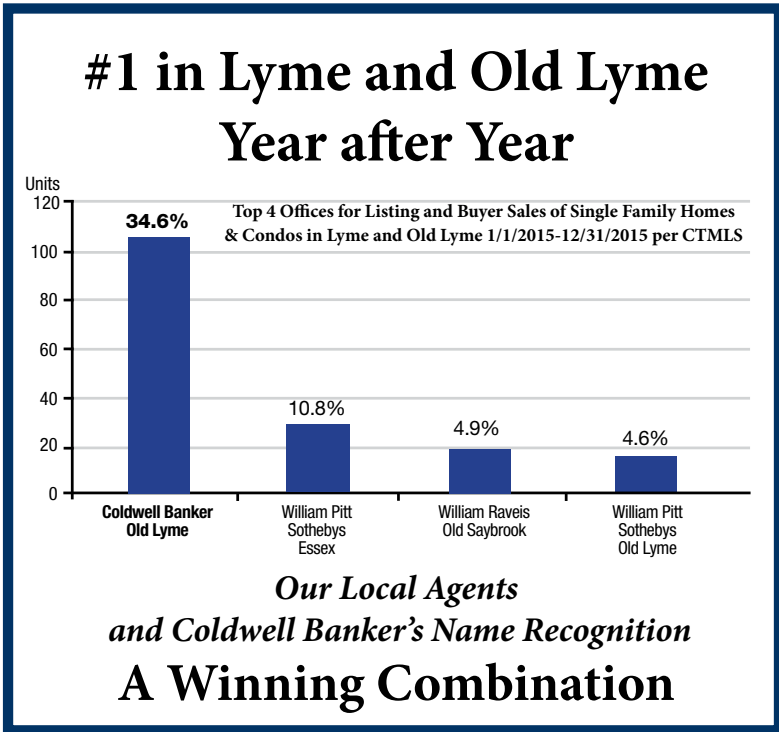
Wendy Robbins



Winnie Gencarella



Lisa Golebiewski



Joe Rhodes



Judy Schaaf



Maddy Mattson



Marilyn Jacobs



Karen Conniff



Kathy Murphy



Nancy Birge



Jeff Montanaro

Old Lyme Office | PO Box 509/86 Halls Road | Old Lyme, CT 06371 | 860.434.8600

ColdwellBankerHomes.com

©2016 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Coldwell Banker Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC.





Joseph Addison

Digital
Offset CMYK
Large Format

Essex Printing

18 Industrial Park Road • Centerbrook CT 06409 • 860-767-9087 • essexprinting.com



OLD LYME EVENTS
 Old Lyme Town Hall
 Lyme Street
 Old Lyme, CT 06371

PRSR STD
 U.S. Postage
 PAID
 Permit No. 155
 Deep River, CT

POSTAL CUSTOMER

DEPOSIT CHECKS ANYTIME, ANYWHERE

with
**Essex Savings Bank's
 MOBILE
 BANKING
 APP**

The Essex Savings Bank mobile app now includes a free, easy and convenient "Deposit a Check" feature. The deposit will be made into your existing business or personal account – another convenient way to bank with Essex Savings Bank.

Visit essexsavings.com for details.



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
 Chester, 203 Middlesex Avenue, 860-526-0000 • Madison, 99 Durham Road, 203-318-8611
 Old Lyme, 101 Halls Road, 860-434-1646 • Old Saybrook, 155 Main Street, 860-388-3543
 Call Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC

 Equal Housing Lender